Sunday, January 14, 2024 | In-person or Livestream | 10:30 a.m. January 2024 Spiritual Theme: "Generosity"

January 2021 Spiritual Internet Control Society		
Gathering Hymn	"Standing in the Need of Prayer"	
Welcome		Danielle Garrett, Intern Minister
Chalice Lighting		Shower Project Volunteers
Voluntary	"Fruits of the Selfless Heart" — Elizabeth Atkinson	Chancel Choir DeReau Farrar, Director
Call to Worship		Rev. Alison Miller
Hymn — #129	"Let Love Continue Long"	
Responsive Reading — #584	"A Network of Mutuality" — Rev. Dr. Martin Luther King	
Doxology	"Spirit of Life"	
Offertory	"Compassion" — Jason Krug	Parker Bells
Pastoral Concerns & Prayer		
Silent Meditation		
Hymn — #199	"Precious Lord, Take My Hand"	
Reading	Excerpt from the writings of — Rev. Dr. Martin Luther King Jr.	Danielle Garrett
Voluntary	"Witness" — Victor C. Johnson	

"Creative Altruism"

Rev. Miller

Prayer

Sermon

Hymn — #317 "We Are Not Our Own"

Benediction

Postlude "The Velocity of Love" — arr. Kevin McChesney

## A Glimpse of Upcoming Gatherings

**Subscribe to our weekly "Front Steps"** for FULL church updates, links, events, and special information: tinyurl.com/enews-signup.

### **Happening Sunday 1/14/2024**

**Free Parking Every Sunday** in the U-Park across the street until 4p. First-come first-serve

**Childcare 2mo-2yrs:** 10:30a - Noon // Location: A103 Nursery (2mo-3yrs during school holidays)

**Social Hour:** After the service // Location: Fuller Hall

T" Time: A Trans, Nonbinary, & Gender-Expansive, Exclusive Gathering: Noon // Location: Channing

<u>Need help locating a room?</u> Ask an usher with a red name tag! They'd be happy to help.

# Rev. Alison's Q&A & Financial Update

Sunday, January 21, at noon

**Location:** Eliot Chapel

Please join Rev. Alison Miller for another Q&A sessions with your senior minister. Immediately following the Q&A, members of our Finance Committee will bring a financial update.

### **Community Circles**

#### January opportunities. In-person/Zoom.

These circles will provide opportunities for getting to know each other, and will offer short spiritual practices, readings for inspiration, and ample opportunity to share the wisdom that comes out of the stories and experiences of our lives.

To learn more and to register read this week's Front Steps: <a href="mailto:tinyurl.com/front-steps">tinyurl.com/front-steps</a>

## Recurring Workshops, Classes & Open Gatherings

Alliance Presents... Every first Wednesday of the month @10:30a in Eliot Chapel.

**Art Wall Exhibition:** Come down to Fuller Hall and enjoy a wide variety of art each month!

**Beloved Community of Color:** Every second Thursday evening and Saturday morning of the month. Email them for more info.

**Caregivers Support Group:** Open to Newcomers. Fourth Sunday of each month at 9a via Zoom.

**First Connections:** Third Sunday of each month @12p in Daisy Bingham.

**Friday Vesper Services:** from 5 - 5:40p via Zoom.

**Labyrinth:** Most second Sundays of the month in Buchan Reception Hall.

**Loving Kindness Meditation:** resumes on Zoom Monday, September 18, from 8-8:30p.

Mental Health Caregivers Group: Second Wednesday every month via Zoom 7-8:30p. Email them for more the link.

T" Time: A Trans, Nonbinary, & Gender-Expansive, Exclusive Gathering: meet on the 2nd and 4th Sundays in Channing Room at noon.



Navigate to the Front Steps or Church Calendar for more information on gatherings: beacons.ai/firstupdx

Your donations support the work of this church. Thank you! Please feel free to add a note to direct your donation to a specific effort.

#### **Our Mission**

First Unitarian aims to create a welcoming community of diverse individuals; to promote love, reason, and freedom in religion; to foster lifelong spiritual growth; and to act for social justice.

#### Our Vision

First Unitarian Portland is a beacon of hope for us and for our community, a spiritual center in the heart of our city that helps each of us to find our moral compass, calling and challenging us to build the beloved community with an ever-deepening sense of spirit, diversity, and inclusion.

#### **January Shared Plate**

We support Project Red, an Alano Club
initiative in Portland promoting overdose
prevention awareness. They provide training and supplies to bars, restaurants, strip
clubs, entertainment venues, and
community organizations. Grateful for Project Red's two training sessions at First
Unitarian this month.