



Order of Service

Sunday, April 12, 2020 ■ Livestream Service at 10:15 a.m.

Our Mission

The mission of First Unitarian Portland is to create a welcoming community of diverse individuals; to promote love, reason, and freedom in religion; to foster lifelong spiritual growth; and to act for social justice.

Our Vision

First Unitarian Portland is a beacon of hope for us and for our community, a spiritual center in the heart of our city that helps each of us to find our moral compass, calling and challenging us to build the beloved community with an ever-deepening sense of spirit, diversity, and inclusion.

Text and translations for choral music in our services are on our website under Worship/Music Ministry.



For the month of April, we will share our plate with the Emergency Relief Fund of our community partner, [Bienestar](#) that provides quality low-income rental housing and programs for farmworkers and their families.

Prelude	"Allegro" from <i>Brandenburg Concerto</i> , No. 6 Johann Sebastian Bach	Signe Lusk, piano Joe O'Donnell, organ
Gathering Hymn #203	"All Creatures of the Earth and Sky"	
Welcome		Rev. Thomas Disrud
Chalice Lighting		
Introit	"The Phoenix" Fall Out Boy	
Call to Worship		Rev. Bill Sinkford
Hymn #1068	"Rising Green"	
Reading	"The Trough" Judy Brown	
Doxology #123	"Spirit of Life"	
Story for All Ages	"The Story of the Phoenix" (adapted) Amy Friedman and Meredith Johnson	Cassandra Scheffman Dir. of Family Ministries
Offertory	"Healing" Richard Smallwood	
Pastoral Concerns and Prayer		
Silent Meditation		
Hymn	"Ashes and Smoke"	
Reading	"Easter Morning" Gospel of Mark 16:1-6	
Anthem	"Hallelujah" from <i>Messiah</i> George Friderich Handel	
Sermon	"Allow Yourself to Rise"	Rev. Sinkford
Prayer		
Hymn	"The Tide is Rising"	
Benediction		
Postlude	"Bergamasca" from <i>Ancient Airs and Dances Suite</i> , No. 2 Ottorino Respighi	

***Congregation is invited to rise in body or in spirit.**

■ TODAY AT FIRST UNITARIAN PORTLAND

Younger Adult Easter Brunch. Your challenge is to create an Easter bonnet. Find things around the house to put together some kind of festive head-wear. Bright colors and symbolism highly encouraged. 1–3 p.m. **Location:** Virtual. To receive log-in info, email [kheintze\[at\]firstunitarianportland.org](mailto:kheintze[at]firstunitarianportland.org).

■ LEARNING COMMUNITY

Learning Community Classes and Childcare. All classes and childcare are cancelled while Oregon is under the “Stay Home - Save Lives” executive order.

■ ADULT FAITH FORMATION

Younger Adult Dinner. Come join us for an evening of socialization and optional food. Theme of “Possibility”, facilitated by Madeline. Tuesday Apr. 14, 6–8 p.m. **Location:** Virtual. To receive log-in info, email [kheintze\[at\]firstunitarianportland.org](mailto:kheintze[at]firstunitarianportland.org).

Younger Adult Leadership Meeting. Our leadership meetings are loosely structured and focused around planning out our next couple events, but mostly it’s an excuse to hang out and see each other. Newcomers are welcome! Sunday Apr. 19, 12–1:45 p.m. **Location:** Virtual. To receive log-in info, email [kheintze\[at\]firstunitarianportland.org](mailto:kheintze[at]firstunitarianportland.org).

Welcome to First Unitarian with Rev. Thomas Disrud. Are you new to First Unitarian? This class will offer an orientation to the church, to Unitarian Universalism, and what it means to be a member. Come meet other newcomers and to have your questions about the church answered. **Details:** Sunday, Apr. 19, 2–3:30 p.m. No charge. To participate, email [kheintze\[at\]firstunitarianportland.org](mailto:kheintze[at]firstunitarianportland.org) to RSVP.

Uncovering our Resilience, Gratitude and Connections During COVID-19. Together, we will share our challenges and through storytelling, discover how we might create a path of healing for both ourselves and our loved ones. **Facilitator:** Paul Iarrobino is the founder of [Our Bold Voices](#). Paul helps individuals harness their inner strengths to remove barriers, improve key areas of their life, and rediscover their drive and purpose. Wednesday, Apr. 22, 10–11 a.m. **Location:** Virtual. **Details:** No charge. To RSVP and receive log-in information, email [kheintze\[at\]firstunitarianportland.org](mailto:kheintze[at]firstunitarianportland.org).

Trans Inclusion In Congregations “Welcoming Is a Spiritual Practice.” - Transforming Hearts Collective. This class pushes participants to the next level of congregational welcome, relationship-building, and skills-building. It counters mainstream narratives about who trans people are and employs a deeply intersectional approach. **Details:** No charge. Virtual course to be completed on your own time. To register and receive log-in information, email Kerry, [kheintze\[at\]firstunitarianportland.org](mailto:kheintze[at]firstunitarianportland.org).

■ SOCIAL JUSTICE

Speaking of Justice's Ninth Issue on Intersectionality! Find the link in the *Front Steps* e-News. Don't miss an issue! Subscribe here: www.firstunitarianportland.org/justice/speakingofjustice/.

Upcoming Events! Please stay tuned for alternative event dates for “Condor and the Eagle: Movie Screening,” “Reclaiming Stolen Black Lands in the Whitest City,” and the Annual Marilyn Sewell Social Justice Lecture featuring Darrell Grant and *Step by Step: The Ruby Bridges Suite*.

Community for Earth (CFE) Is Continuing the Fight for Climate Justice. This crisis underscores how interconnected we are as a planet, and how essential it is to be proactive in creating a network of care to sustain life and well-being. Apr. 22 will be the [50th Anniversary of Earth Day](#). Join in celebrating with a virtual procession of the species. Send pictures of your child, grandchild, or of yourself dressed as a favorite species to [apeet\[at\]firstunitarianportland.org](mailto:apeet[at]firstunitarianportland.org) by Apr. 13.

■ Committee on Hunger and Homelessness (COHHO) and Immigrant Justice Action Group (IJAG)

Requests. Can you help? The Covid-19 pandemic affects all of us, and impacts marginalized and underserved communities the hardest. Our Social Justice Action Groups are in ongoing relationship with many community organizations. Please see the “Social Justice” section of the *Front Steps*/e-News for more information about how you can help, where you can donate, and important calls for advocacy. Thank you.

■ OTHER NEWS

We Need Your Auction Donations. Our August Auction will be accepting donations from now until May 1, so please start thinking of what you will be able to donate. [Donate ONLINE here](#) or for [donation ideas go here](#). All events and services that are offered must take place after Sept. 1, 2020.

■ Do You Get the Weekly e-News from the Church?

The best way to know what’s going on at the church is through the weekly e-News. It comes to your email on Thursdays and has up-to-date information on events at the church. To sign up, go to our homepage, scroll to the bottom, and sign up on the form provided.

Issues with Receiving Front Steps/e-News? Have you stopped receiving our weekly E-newsletter or are receiving an error message when you try to sign up? Likely you opted-out of our emails at some point in the past and because of strict spam laws there is a specific protocol to get you back on our lists. Please join or re-sign up at: <https://signup.e2ma.net/signup/1849216/1754240/>.

Naming First Unitarian in Your Will. Help assure the long-term sustainability of this beloved congregation by including The First Unitarian Church Foundation in your will. Contact Erin at [etafuri\[at\]firstunitarianportland.org](mailto:etafuri[at]firstunitarianportland.org).