



Order of Service

Sunday, January 5, 2020 ■ Services at 9:15 and 11:15 a.m.

Our Mission

The mission of First Unitarian Portland is to create a welcoming community of diverse individuals; to promote love, reason, and freedom in religion; to foster lifelong spiritual growth; and to act for social justice.

Our Vision

First Unitarian Portland is a beacon of hope for us and for our community, a spiritual center in the heart of our city that helps each of us to find our moral compass, calling and challenging us to build the beloved community with an ever-deepening sense of spirit, diversity, and inclusion.

Text and translations for choral music in our services are on our website under Worship/Music and Arts.



Our January plate will be shared with the Oregon Poor People's Campaign: A National Call for Moral Revival. Our contribution will help send 300 poor and impacted Oregonians to the Mass Poor Peoples' in Washington, DC in June 2020.

*Gathering Hymn #1000	"Morning Has Come"	
Chalice Lighting		
Welcome		Rev. Thomas Disrud
Introit	"Walk Together, Children" arr. Moses Hogan	Chancel Choir
Call to Worship		Rev. Bill Sinkford
*Hymn	"Great Is Thy Faithfulness"	
*Responsive Reading #534	"Gloria!" Barbara Pescan	
*Doxology #123	"Spirit of Life"	
Story for All Ages		Cassandra Scheffman Director of Family Ministries
Song of Blessing #118	"This Little Light of Mine"	
Offertory	"Leve Kanpe" Sydney Guillaume	
Pastoral Concerns and Prayer		Rev. Disrud
Silent Meditation		
Hymn	"I Don't Feel Noways Tired"	
Reading	"Still I Rise" Maya Angelou	
Anthem	"It Take a Long Pull to Get There," <i>Porgy and Bess</i> George Gershwin	DeReau K. Farrar and Unitunes
Sermon	"Long Haul People"	Rev. Sinkford
Prayer		
*Hymn #1015	"I Know I Can"	
Benediction		
Postlude	"Ev'ry Time I Feel the Spirit" Adolphus Hailstork	Joe O'Donnell, organ
*Congregation is invited to rise in body or in spirit.		

■ TODAY AT FIRST UNITARIAN PORTLAND

Membership Enrollment Ceremony. If you're ready to become a member, bring your completed enrollment and pledge forms. Enrollment kits are located in our literature racks. Details: 10:30 a.m. in Channing.

Walk the Labyrinth. Walk-in prayer, meditation, contemplation, for discerning resolutions, or as the next steps on your journey. The labyrinth will be open at 9:30 a.m. and will close at 1 p.m., B-102.

■ LEARNING COMMUNITY

Child Dedication, Sunday, Feb. 16. A unique Unitarian Universalist ceremony that welcomes infants and children into the First Unitarian community. Church membership is required. Contact Cassandra Scheffman, Director of Family Ministries, by Thursday, Feb. 6 if you want more information or would like to participate. Email: [cscheffman \[at\] firstunitarianportland.org](mailto:cscheffman@firstunitarianportland.org).

Sunday Afternoon Childcare. Childcare is offered for all ages from 1–3 p.m. while you attend an event or meeting at church. Request care for your child(ren) at the Eliot Info Desk by 1 p.m. that day. Staff are released at 1 p.m. if no one has requested care by then.

■ ADULT FAITH FORMATION

Mindful Movements for Everyone. This is for all bodies, ages, and abilities. Fee: \$10 per class. Details: Thursdays, 6–7 p.m., Jan. 2, 23; Feb. 6, 20. Advanced registration appreciated, but drop-ins are warmly welcome. Pay online or cash/check at the door.

Seminary for a Day: *Spiritual Practice for Difficult Times*. Are you yearning for greater depth in your spiritual life? Join us for a day of workshops, music, and exploration with Rev. Robert Hardies from All Souls Church in Washington, D.C., and many other Unitarian Universalist teachers. Saturday, Jan. 25, 9 a.m.–4 p.m. Lunch provided. For more information visit: firstunitarianportland.org/registration.

Getting to 30. Join other parents for support and understanding as we discuss the book *Getting to 30: A Parent's Guide to the 20-Something Years*. No charge. Advanced registration required. Mondays, Jan. 27; Feb. 10, 24, 7–9 p.m.

Igniting Voices: A Celebration of Transgender Lives and Stories. Join us for this joyous community event! Details: Saturday, Feb. 22. Performances from 3–4:30 p.m., followed by a community night market supporting local transgender agencies and businesses from 4:30–6 p.m. Stay tuned for ticket information!

■ SOCIAL JUSTICE

Quilts for Empowerment Sale. Proceeds go towards strengthening self sufficiency and support for Kenyan women who are survivors of obstetric fistula surgery and survivors of sexual abuse. After both services. Sunday, Jan. 19, Fuller Hall. Africa Connections is hosting.

Volunteer Opportunity for Teens and Adults for the Homeless. A new pop-up pantry will be held on the 2nd Tuesday of the month beginning Feb. 11. COHHO members will share how you can help on Jan. 12, 10:30–11:15 a.m. Channing. For more information contact Donna at [webbed \[at\] msn.com](mailto:webbed[at]msn.com).

■ OTHER NEWS

UU Board Forum. Come and learn more about our senior minister transition process. Jan. 12, 1:30–3 p.m., Eliot Chapel.

January Alliance Program. “When Do I Know It’s Time? Senior Living Options” features Liz Fisher, Certified Senior Advisor. Brown bag lunch. Jan. 8, 11 a.m., Buchan Reception (\$3) and program in Eliot Chapel, 12:30–1:30 pm. RSVP to [allianceRSVP \[at\] firstunitarianportland.org](mailto:allianceRSVP[at]firstunitarianportland.org) or call Jean Omelchuck at 503-493-9412.

January Art Wall. With our eyes on our phones or focused on the future and missing the world of the now, photographs can help us focus and see the world we know so well in new or different ways. The black and white images of Adrian Kuester help us do just that.

Beacon Bookstore. Rev. Marilyn Sewell’s newest book, *In Time’s Shadow: Stories about Impermanence*, is now available. The 2019 UUA in Spirit Meditation Manual has just been released: *Spilling the Light* by Teresa Soto. We have many other volumes in this series, including *To Wake, To Rise* by Rev. Sinkford. Each title is just \$8.

Give the Joy of Flowers for Sunday Services. To give flowers after Jan. 5 for the chancel, contact Marsha at 503-954-3534 or [marshamwarner \[at\] comcast.net](mailto:marshamwarner[at]comcast.net).

SNOW? ICE? FREEZING RAIN? To see if an event, class, or rehearsal has been cancelled, check the church website, Facebook, or call the church office at 503-228-6389 and listen to the recorded announcement for details. Remember, your good judgment is your best guide!

Update Your Church Contact Info Online. Go to the Contact link (upper right corner) on the First Unitarian homepage (www.firstunitarianportland.org). Click the Contact Information Update Form.

Sunday Parking Reminder. U-Park: SW 12th between Main and Salmon: No charge Sundays, 8 a.m.–4 p.m. NOTE: This parking lot is free only on Sundays until 4 p.m. City Center: SW 11th and Main: No charge Sundays, 8 a.m.–2 p.m. Lawyers’ Lot: SW Main between 12th and 13th: No charge Sundays, 8 a.m.–2 p.m. This lot is never available weekday evenings.

Naming First Unitarian in Your Will. Help assure the long-term sustainability of this beloved congregation by including The First Unitarian Church Foundation in your will. Contact Erin at [etafuri \[at\] firstunitarianportland.org](mailto:etafuri[at]firstunitarianportland.org).

Please Recycle Your UU World Magazines. Drop off only recent issues at the Newcomer Table or the office.