



Order of Service

Sunday, November 24, 2019 ■ Services at 9:15 and 11:15 a.m.

Our Mission

The mission of First Unitarian Portland is to create a welcoming community of diverse individuals; to promote love, reason, and freedom in religion; to foster lifelong spiritual growth; and to act for social justice.

Our Vision

First Unitarian Portland is a beacon of hope for us and for our community, a spiritual center in the heart of our city that helps each of us to find our moral compass, calling and challenging us to build the beloved community with an ever-deepening sense of spirit, diversity, and inclusion.

Flowers are given in loving memory of Cindi Smith Sanders, mother of UU Member Rebecca Sanders, for her 71st birthday. She is dearly missed.



Our November plate collection will be shared with Portland United Against Hate (PUAH). PUAH believes that everyone and every community deserves a safe, prosperous, and peaceful life, a life free from hate and harassment.

***Gathering Hymn #67**

"We Sing Now Together"

Chalice Lighting

Welcome

Rev. Bill Sinkford

Introit

"Lead Me Home"
Eric Barnum

Chancel Choir
DeReau Farrar, Director

Call to Worship

Rev. Thomas Disrud

***Hymn**

"It Is Well with My Soul"

***Responsive Reading**

"Life is the Only Way"
Wisława Szymborska, adapted

***Doxology #123**

"Spirit of Life"

Offertory

"When I Am Laid in Earth" from *Dido and Aeneas*
Henry Purcell

Anna Jablonski,
mezzo soprano

Pastoral Concerns and Prayer

Rev. Sinkford

Silent Meditation

Hymn #1001

"Breaths"

Reading

"The Last Good Days"
Lynn Ungar

Anthem

"We Remember Them"
Susan LaBarr

Sermon

"Dying Well"

Rev. Disrud

Prayer

***Hymn #295**

"Sing Out Praises for the Journey"

Benediction

Postlude

"Fugue in G minor" BWV 578
Johann Sebastian Bach

Joe O'Donnell, organ

***Congregation is invited to rise in body or in spirit.**

■ TODAY'S FIRST CONNECTIONS

Church Facility Tour. Ever had trouble finding your way around the church facility? Tour our campus and learn a little history at the same time. Gather in North gallery of the Sanctuary at 10:30 a.m. for the beginning of the tour.

Sunday, Dec. 1. What Does Membership Mean?

Come and learn about what it means to be a member of First Unitarian. Why take that step? There will also be a chance to sign the membership book and to become an official member. 10:30 a.m., Channing.

■ TODAY AT FIRST UNITARIAN PORTLAND

Death Café. Our objective is to increase awareness of death and help people make the most of their lives. Sunday, 1–3 p.m. No charge. Drop-ins welcome!

Music Staff Recital Series. Join Music Ministry between services in Eliot Chapel. We will be featuring Signe Lusk and Joe O'Donnell.

Alliance Pre-Greens Sale. Join us between services for items for your home and gift wreaths. Bring your checkbook/credit card and your address list for gift wreath recipients. Margaret Fuller Hall and Buchan Atrium.

Make Origami Soul Boxes. Stop by Daisy Bingham today during coffee hour. Instructors are on hand with all the supplies you will need. Help us reach our goal!

Younger Adult Leadership Meeting. All ages and Newcomers are welcome. We invite everyone to our leadership meetings because every one of us is a leader in this group. 12:30–2:30 p.m., B-304.

COHHO Holiday Gift Drive. Sign up to donate a gift for Portland Homeless Family Solutions' (PHFS) holiday party in December for their families. Contact Cynthia at cohho@firstunitarianportland.org or visit the COHHO table in Margaret Fuller Hall.

LEARNING COMMUNITY

Learning Community Classes. We do not meet on Sunday, Dec. 1. Childcare only for ages 4 and under.

Sunday Afternoon Childcare. Childcare is offered for all ages from 1–3 p.m. while you attend an event or meeting at church. Request care for your child(ren) at the Eliot Info Desk by 1 p.m. that day. Staff are released at 1 p.m. if no one has requested care by then.

■ ADULT FAITH FORMATON

Gentle Yoga in the Evening. We focus on spine health, energy renewal, and community. Drop-ins, \$12 pay at door, Monday or Wednesday, 5:30–6:30 p.m. Bring your own yoga mat and wear comfortable clothing.

Younger Adult Spiritual Deepening Circle. Enjoy a short worship and conversation around a particular theme. No age restrictions and newcomers are welcome. Tuesday, Nov. 26 7–8:30 p.m., A-301.

Mark Your Calendars! Seminary for a Day with Special Guest, Rev. Robert Hardies. Saturday, Jan. 25, 9 a.m.–4 p.m. For more information visit: firstunitarianportland.org/registration.

■ SOCIAL JUSTICE

Speaking of Justice's Eighth Issue on What Does White Supremacy Culture Have to Do with UUs? Find the link in the *Front Steps* e-News or subscribe here: www.firstunitarianportland.org/justice/speakingofjustice/.

Annual Fair Trade Bazaar. Unique autumn event to benefit women and their families. Sun. Dec. 1, 9:30 a.m.–1:30 p.m., Buchan Reception.

LGBTQIA+ Pride Holiday Party. You are invited to our white elephant holiday finger food potluck party! Saturday, Dec. 7, 6 p.m., Buchan Reception. No alcohol. For more information or to volunteer, visit our Pride table located in Margaret Fuller Hall after service.

■ OTHER NEWS

Holiday Giving Trees. The Learning Community, Mental Health Action Group, and Animal Ministries will be collecting gift cards, mittens, hats, and companion animal items from Dec. 1-15 in the Sanctuary Narthex and Buchan Atrium. Contact nbeezeley@firstunitarianportland.org for more information.

Alliance Luncheon Program. Come sing along with us, and with our own Rich Scher! Wednesday, Dec. 4. Catered lunch (\$15) in Buchan at 11 a.m. and program in Eliot Chapel, 12:30–1:30 p.m. RSVP to allianceRSVP@firstunitarianportland.org or call Jean Omelchuck at 503-493-9412.

History Comes to Life! Come see artifacts from the Church's history. Visit the new display case across from the information desk next to the Eliot Chapel. Then check out the restored mosaic in the courtyard.

Beacon Bookstore. The 2019 UUA in Spirit Meditation Manual has just been released: *Spilling the Light* by Teresa Soto. We have many other volumes in this series, including *To Wake, To Rise* by Rev. Sinkford. Each title is just \$8.

November Art Wall. The watercolors of Susan and Ron Spears are featured. They use watercolor as a dynamic medium, trying to portray the essence of nature with a freshness of spirit.

Give the Joy of Flowers for Sunday's Service. The holidays are a great time to remember loved ones and family by sponsoring chancel flowers. Contact Marsha at 503-954-3534 or [marshawarner\[at\]comcast.net](mailto:marshawarner[at]comcast.net).

First Unitarian Neighborhood Connections. Our rideshare program helps match riders with drivers and is organized by ZIP code. To learn more, contact Maina Ptolemy, 503-803-8991 or [mainaaptolemy\[at\]gmail.com](mailto:mainaaptolemy[at]gmail.com).

Please Recycle Your UU World Magazines. Drop off only recent issues at the Newcomer Table or the office.