



Order of Service

Sunday, October 6, 2019 ■ Services at 9:15 and 11:15 a.m.

Our Mission

The mission of First Unitarian Portland is to create a welcoming community of diverse individuals; to promote love, reason, and freedom in religion; to foster lifelong spiritual growth; and to act for social justice.

Our Vision

First Unitarian Portland is a beacon of hope for us and for our community, a spiritual center in the heart of our city that helps each of us to find our moral compass, calling and challenging us to build the beloved community with an ever-deepening sense of spirit, diversity, and inclusion.



Our October plate collection will be shared with First Unitarian's Coming of Age program for 7th and 8th graders. It will support the work of helping our youth discover what social justice and leadership can be within our faith.

***Gathering Hymn**

"Bind Us Together"

Chalice Lighting

Welcome

Rev. Bill Sinkford

Introit

"Naiman Sharag"
Se Enkhbayar

Chancel Choir
with John Boelling
DeReau Farrar, Director

Call to Worship

Rev. Mira Mickiewicz

***Hymn #1059**

"May Your Life Be As a Song"

***Responsive Reading**

"I Will Not Die an Unlived Life"
Dawna Markova

***Doxology #123**

"Spirit of Life"

Story for All Ages

"Malala's Magic Pencil"
Malala Yousafzai

Cassandra Scheffman,
Director of Family Ministries

Song of Blessing

"I Am Willing"

Offertory

"March of the Toreadors"
arr. Kevin McChesney

Parker Bells
Amanda DuPriest, Director

Pastoral Concerns and Prayer

Rev. Sinkford

Silent Meditation

Hymn

"I Don't Feel No Ways Tired"

Reading

"Courage"
Anne Sexton

Anthem

"Land of Confusion"
arr. Krishan Oberoi

with Dustin Hunley
and Alison Jakel

Sermon

"Courage in Connection"

Rev. Mira Mickiewicz

Prayer

***Hymn #1015**

"I Know I Can"

Benediction

Postlude

"Song of the Flowers"
arr. Kevin Mazimas Ko

***Congregation is invited to rise in body or in spirit.**

■ TODAY AT FIRST UNITARIAN PORTLAND

Considering How Much to Pledge for This Year's AFD? Come to the quarterly budget and financial review meeting to get your questions about the church's finances answered. 10:30 a.m., Eliot Chapel.

First Connections: What Does Membership Mean? Come and learn what it means to be a member of First Unitarian. Why take that step? There will also be a chance to sign the membership book and become an official member. Join us between services. 10:30 a.m.–11:05 a.m., Channing.

Q&A Session with Bill Sinkford. Join Rev. Bill Sinkford for another in a regular series of Q&A sessions. After a brief update on developments at the church, he will respond to the questions you bring about the church or about our faith. 12:45 p.m., Eliot Chapel.

Walk the Labyrinth. Walk-in prayer, meditation, contemplation, for discerning resolutions, or as the next steps on your journey. The labyrinth will be open at 9:30 a.m. and will close at 1 p.m.

10th Annual Pumpkin Sale. Join us in Margaret Fuller Hall or in Buchan after each service for your \$5 pumpkin to benefit our Immigrant Social Justice group.

■ LEARNING COMMUNITY

Interested in Becoming a Learning Community Teacher? We still need teachers for preschool age, 1st/2nd grade, and 3rd/4th grade. Contact: [cscheffman \[at\] firstunitarianportland.org](mailto:cscheffman@firstunitarianportland.org) for more information.

Just Scary Enough: A Family Storytelling Event with Will Hornyak. Free interactive show with tales for the Celtic New Year of Samhain to put a wee chill in the bones. Appropriate for all ages. Sunday, Oct. 20, 1–2 p.m., A-108.

Sunday Afternoon Childcare. Childcare is offered for all ages from 1–3 p.m. while you attend an event or meeting at church. Request care for your child(ren) at the Eliot Info Desk by 1 p.m. that day. Staff are released at 1 p.m. if no one has requested care by then.

■ ADULT FAITH FORMATION

Mindful Movements for Everyone. Have you ever wanted a spiritual practice that is dynamic? This is for all bodies, ages, and abilities. \$10 per class. Drop-ins welcome. Thursdays, Oct. 10, 24, Nov. 7, 21, 5:30–6:30 pm. Registration: firstunitarianportland.org/registration.

Art Journaling as Spiritual Practice. Creating art as spiritual practice allows us to tap into our inner selves and experience the sacred. No prior art experience is necessary. Saturdays, Oct. 12, 19, 26, Nov. 2, 1–4 p.m. Registration: firstunitarianportland.org/registration.

Transforming Hearts: Welcoming in Congregations. We will explore gender and welcoming at church. No charge. Saturdays, Oct. 12, 26, Nov. 2, 10 a.m.–12 p.m. Registration: firstunitarianportland.org/registration.

First Connections: History of Our Church. Come and learn about the history of our church including the women who came together and raised money to found the church back in the 1860s. Sunday Oct. 13, 10:30 a.m.–11:05 p.m.

Spiritual Direction 101 Workshop. Are you interested in deepening your spiritual practice or curious about having a spiritual director for your journey in faith? Join us for conversation, stories, and a practice session of what might be included. Details: Sunday, Oct. 13, 1–3 p.m., no charge. Advanced registration appreciated.

Shedding Our Stars. Join author and childhood friend of Ann Frank, Laureen Nussbaum, as she discusses how Hans Calmeyer saved her family (and at least 3,700 other Jews) from the deportation lists, saving them from death during the Holocaust. Tuesday, Oct. 15, 7 p.m. Registration: firstunitarianportland.org/registration. No Charge.

Downtown UU History Tour. This tour will cover our church's history from our pioneer beginnings to the present. We begin in our church buildings, stroll through the Park Blocks and into downtown. Details: Sunday, Oct. 20, 11:30 a.m. No charge. Registration: firstunitarianportland.org/registration. Drop-ins welcome. We will meet at the Adult Faith Formation table in Fuller Hall.

What in the World. Join Andy Simon for an engaging series on Western philosophy. No charge. Tuesdays, Oct. 22, 29, Nov. 5, 12, 7–9 p.m. Advanced registration required: firstunitarianportland.org/registration.

■ SOCIAL JUSTICE

Committee on Hunger and Homelessness (COHHO) Have a New Meeting Time! Join us every fourth Sunday from 12–2 p.m., A-303 (Fireside). They are looking for fresh and new ways to support their community!

Turn Your Passion into Action! Oct. 11, 6:30–9 p.m., Eliot Chapel. Sponsored by Community for Earth (CFE). Refreshments provided!

■ OTHER NEWS

Welcome Back! New Year for Board. Your Board is already busy. Check out the September Moderator's Letter to see what we have planned. <https://www.firstunitarianportland.org/september-2019-moderators-letter/>.

Beacon Bookstore. A new church year, a new selection of books. Wellspring books are in stock; books to support our focus on the transgender experience; and wonderful new children's books.

October Art Wall. Willamette View retirement community has attracted numerous artists in recent years. A group of them are showing a beautiful array of styles and media on the Art Wall.