



Order of Service

Sunday, September 8, 2019 ■ Services at 9:15 and 11:15 a.m.

Our Mission

The mission of First Unitarian Portland is to create a welcoming community of diverse individuals; to promote love, reason, and freedom in religion; to foster lifelong spiritual growth; and to act for social justice.

Our Vision

First Unitarian Portland is a beacon of hope for us and for our community, a spiritual center in the heart of our city that helps each of us to find our moral compass, calling and challenging us to build the beloved community with an ever-deepening sense of spirit, diversity, and inclusion.

Flowers are donated in loving memory of Helene Hidden Van Buren by her family.



Today's plate collection will be shared with Mercy Corps, to help provide emergency help for the people of the Bahamas following the devastation of hurricane Dorian. Mercy Corps has mobilized a team of emergency responders to begin rapidly determining the most pressing needs.

***Gathering Hymn**

"At the Table"

Chalice Lighting

Welcome

Rev. Thomas Disrud

Introit

"Ubi Caritas"
Maurice Duruflé

Chancel Choir
DeReau Farrar, Director

Call to Worship

Rev. Bill Sinkford

***Hymn #360**

"Here We Have Gathered"

***Responsive Reading**

"We Bid You Welcome"
Richard Gilbert, adapted

***Doxology #123**

"Spirit of Life"

Blessing for Our Learning Community

Cassandra Scheffman,
Director of Family Ministries

Offertory

"Hear My Song" from *Songs for a New World* Music Ministry Staff
Jason Robert Brown

Parish Concerns and Pastoral Prayer

Rev. Disrud

Silent Meditation

Hymn #1013

"Open My Heart"

Reading

"Mullah Nasruddin's New Coat"
Traditional Sufi Tale

Anthem

"A Portal of Hope"
Joan Szymko

Sermon

"Ins and Outs"

Rev. Sinkford

Prayer

***Hymn #95**

"There Is More Love Somewhere"

Benediction

Postlude

"Veni Creator Spiritus"
Maurice Duruflé

Joe O'Donnell, organ

***Congregation is invited to rise in body or in spirit.**

■ TODAY AT FIRST UNITARIAN PORTLAND

Learning Community Open House. All families are invited to a meet and greet in your children's classrooms following each service. Come meet your wonderful teachers! Registration tables will also be available.

Spiritual Theme Reflection Circles. Join with others after the service to hold space and reflect on how the service deepened your connection to the spiritual theme of the month. Gather in Channing at 10:30 a.m. and 12:30 p.m.

Oregon Initiative Petition 40. Today is the deadline to sign the petition to qualify for November 2020 ballot. Stop by the Peace Action table to do your part to stop gun violence.

First Share! Bring your overabundance of produce and flowers to exchange at the First Share table in Fuller Hall. Everyone is welcome to take something home!

■ LEARNING COMMUNITY

Interested in Becoming a Learning Community Teacher? Contact Cassandra at [cscheffman \[at\] firstunitarianportland.org](mailto:cscheffman@firstunitarianportland.org) for more information.

Learning Community 2019-2020 Registration Is Open! If you are a returning family, check out our website to find our online form. Questions? Contact [learning.community.pdx \[at\] gmail.com](mailto:learning.community.pdx@gmail.com).

First Day of Classes. Learning Community classes for children and youth begin Sunday, Sept. 15. Registration tables will be available for returning families and visitors.

Sunday Afternoon Childcare. We offer childcare for all ages each Sunday from 1–3 p.m. while you attend an event or meeting at church. Request care for your child (ren) at the Eliot Info Desk by 1 p.m. that day. Staff are released at 1 p.m. if care has not been requested by then.

■ ADULT FAITH FORMATION

Registration: firstunitarianportland.org/registration.

Mindful Movements for Everyone. Have you ever wanted a spiritual practice that is dynamic? This practice is for all bodies, ages, and abilities. \$10 per class or six-class series discounted at \$55. Drop-ins welcome. Thursdays, Sept. 12, 26, Oct. 10, 24, Nov. 7, 21, 5:30–6:30 pm. Registration: firstunitarianportland.org/registration.

First Unitarian Rahab's Sisters Meal Preparation and Service Teams. Join us in radical hospitality and fellowship. For more information, pick up a Paths to Engagement Program Guide located throughout the church. Thursday, Sept. 26, various times and locations available. Registration: firstunitarianportland.org/registration.

Art Journaling as Spiritual Practice. Creating art as spiritual practice allows us to tap into our inner selves and experience the sacred. No prior art experience necessary. Saturdays, Oct. 12, 19, 26, Nov. 2, 1–4 p.m. Registration: firstunitarianportland.org/registration.

Transforming Hearts: Welcoming in Congregations. Our Lay Ministers will facilitate this program for allies. This course, which explores gender and welcoming at church, was created by transgender Unitarian Universalists with UU congregations in mind. No charge. Saturdays, Oct. 12, 26, Nov. 2, 10 a.m.–12 p.m.

Religions of Abraham. Religious traditions of Judaism, Christianity, and Islam all trace their origins to the prophet Abraham. This course will explore how these faiths share his inspiration. Wednesdays, Oct. 16, 23, 30, Nov. 6, 1:30–3:30 p.m. Registration: firstunitarianportland.org/registration.

■ SOCIAL JUSTICE

Portland Peace Team Training. Learn how to apply effective de-escalation tactics. Once you've gone through the training, the Peace Team can call on you to help provide security for community events. Details: No charge. Saturday, Sept. 14, 10 a.m.–1 p.m. Registration: firstunitarianportland.org/registration.

Social Justice Sunday Kick-off. Every third Sunday, we'll gather with songs and family friendly programming to affirm our congregational commitment to justice. September will highlight radical hospitality. Sept. 15, 1:30–3 p.m., Buchan Reception.

Tamale Plate lunch. Come purchase a tamale plate each third Sunday of the month. Then join our Social Justice Sunday gathering. Sept. 15, 12:45–1:30 p.m., Buchan Reception.

Mental Health Survey. The Mental Health Action Group (MHAG) would like to know your thoughts on mental health at First Unitarian. Find the survey here. bit.ly/MHAGsurvey.

■ OTHER NEWS

Beacon Bookstore. A new church year, a new selection of books. Wellspring books are in stock; books to support our focus on the transgender experience; and wonderful new children's books.

September Art Wall. Stan Carpenter's photography is featured. Come see the dramatic shots of architecture, landscape, and nature.

Give the Joy of Flowers for Sunday's Service. To give flowers for the chancel, contact Marsha at 503-954-3534 or [marshamwarner \[at\] comcast.net](mailto:marshamwarner@comcast.net).

First Unitarian Neighborhood Connections. Our rideshare program helps match riders with drivers and is organized by ZIP code. To learn more, contact Maina Ptolemy 503-803-8992 or [mainaaptolemy \[at\] gmail.com](mailto:mainaaptolemy@gmail.com).

Please Recycle Your UU World Magazines. Drop off only recent issues at the Newcomer Table or the office.