



Order of Service

Sunday, September 1, 2019 ■ Summer Services at 10:15 a.m.

Our Mission

The mission of First Unitarian Portland is to create a welcoming community of diverse individuals; to promote love, reason, and freedom in religion; to foster lifelong spiritual growth; and to act for social justice.

Our Vision

First Unitarian Portland is a beacon of hope for us and for our community, a spiritual center in the heart of our city that helps each of us to find our moral compass, calling and challenging us to build the beloved community with an ever-deepening sense of spirit, diversity, and inclusion.



Our September plate collection will be shared with Rahab's Sisters, to create community with those marginalized by poverty, houselessness, sex work, violence, or substance use. The heart of Rahab's Sisters is the community created together every week.

***Gathering Hymn #182**

"O, the Beauty in a Life"

Chalice Lighting

Welcome

Rev. Thomas Disrud

Introit

"Love Is..."
Marjorie Herman

Summer Choir
DeReau Farrar, Director

Call to Worship

Rev. Katherine Jesch, Affiliated Minister

***Hymn #1051**

"We Are..."

***Responsive Reading #465**

The Wisdom to Survive
by Wendell Berry

***Doxology #123**

"Spirit of Life"

Story for All Ages

Higgins: A Drop with a Dream
by Christopher Buice

Offertory

Pastoral Dance on "Simple Gifts"
Andrew Carter

Joe O'Donnell, organist

Parish Concerns and Pastoral Prayer

Rev. Disrud

Silent Meditation

Hymn # 129

"Let Love Continue Long"

Reading

"Shambala Prophecy"
A Traditional Tibetan Story

Anthem

"The Storm Is Passing Over"
arr. Barbara Baker

Sermon

"Summer Dreams"

Rev. Jesch

Prayer

***Hymn**

"Life Calls Us on"

Benediction

Postlude

"Lord, I Don't Feel No Ways Tired"
Adolphus Hailstork

***Congregation is invited to rise in body or in spirit.**

■ TODAY AT FIRST UNITARIAN PORTLAND

Walk the Labyrinth. Walk-in prayer, meditation, contemplation, for discerning resolutions, or as the next steps on your journey. The labyrinth will be open at 9:30 a.m. and will close at 1 p.m.

Membership Enrollment Ceremony. If you're ready to become a member, bring your completed enrollment and pledge forms. Enrollment kits are located in our literature racks. Details: 11:30 a.m. in Channing.

Oregon Initiative Petition for Safe Gun Storage. The petition is available at the Peace Action Table. Signature deadline is early September 2019. Do your part to stop gun violence!

First Share! Bring your overabundance of produce and flowers to exchange at the First Share table in Fuller Hall. Everyone is welcome to take something home!

■ LEARNING COMMUNITY

Interested in Becoming a Learning Community Teacher? Contact Aaron at [apeet \[at\] firstunitarianportland.org](mailto:apeet@firstunitarianportland.org) for more information.

Learning Community 2019–2020 Registration Is Now Open! If you are a returning family, check out our website to find our online form. Questions? Contact [learning.community.pdx \[at\] gmail.com](mailto:learning.community.pdx@gmail.com).

Summer Sundays. We offer childcare for our youngest ones during the service. For families with older children who may not be ready to sit through the whole service, we offer livestreaming of the service in Daisy Bingham room for families. There will be tables with games and space to move around. The Parker Room, also with livestreaming, is always available as well.

Summer After-Service Childcare. Childcare after service is available by reservation only. If you have an event or meeting after service and need childcare, contact your staff point person or Nikki, [nbeezley \[at\] firstunitarianportland.org](mailto:nbeezley@firstunitarianportland.org). We request two weeks' notice.

■ ADULT FAITH FORMATON

Registration: firstunitarianportland.org/registration.

Mindful Movements for Everyone. Have you ever wanted a spiritual practice that is dynamic? This practice is for all bodies, ages, and abilities. \$10 per class or six-class series discounted at \$55. Advanced registration appreciated; Drop-ins welcome. Thursdays, Sept. 12, 26, Oct. 10, 24, Nov. 7, 21, 5:30–6:30 p.m.

First Unitarian Rahab's Sisters Meal Preparation Team. We will prepare a full meal for 120 plates of food and get to know each other in the process. For more information, pick up a Paths to Engagement Program Guide located throughout the church. Thursday, Sept. 26, various times and locations available.

Art Journaling As Spiritual Practice. Creating art as spiritual practice allows us to tap into our inner selves and experience the sacred. No prior art experience necessary. Saturdays, Oct. 12, 19, 26, Nov. 2, 1–4 p.m.

Transforming Hearts: Welcoming in Congregations. First Unitarian Portland's Lay Ministers will facilitate this program for allies. This course, which explores gender and welcoming at church, was created by transgender Unitarian Universalists with UU congregations in mind. No charge. Saturdays, Oct. 12, 26, Nov. 2, 10 a.m.–12 p.m.

Religions of Abraham. Religious traditions of Judaism, Christianity, and Islam all trace their origins to the prophet Abraham. This course will explore how these faiths share his inspiration. Wednesdays, Oct. 16, 23, 30, Nov. 6, 1:30–3:30 p.m. Advanced registration required.

■ SOCIAL JUSTICE

Immigrant Justice Meeting. Watch short films and discuss consequences of immigration policy. Sept. 4, 2–3:30 p.m. in A-108.

Portland Peace Team Training. Learn how to apply effective de-escalation tactics. Once you've gone through the training, the Peace Team can call on you to help provide security for community events. Details: No charge. Saturday, Sept. 14, 10 a.m.–1 p.m. Advanced registration required.

Mental Health Survey. The Mental Health Action Group (MHAG) would like to know your thoughts on mental health at First Unitarian. Find the survey here. bit.ly/MHAGsurvey.

■ OTHER NEWS

Beacon Bookstore. In the wake of the latest mass shootings, the UUA is recommending two books our bookstore carries: *Bullets into Bells* and *Guns Don't Kill People, People Kill People (and Other Myths)*.

Give the Joy of Flowers for Sunday's Service. To give flowers for the chancel, contact Marsha at 503-954-3534 or [marshamwarner \[at\] comcast.net](mailto:marshamwarner@comcast.net).

First Unitarian Neighborhood Connections. Our rideshare program helps match riders with drivers and is organized by ZIP code. To learn more, contact Maina Ptolemy 503-803-8992 or [mainaaptolemy \[at\] gmail.com](mailto:mainaaptolemy@gmail.com).

Please Recycle Your UU World Magazines. Drop off only recent issues at the Newcomer Table or the office.

Naming First Unitarian in Your Will. Help assure the long-term sustainability of this beloved congregation by including The First Unitarian Church Foundation in your will. Contact Erin at [etafuri \[at\] firstunitarianportland.org](mailto:etafuri@firstunitarianportland.org).

Update Your Church Contact Info Online. Go to the Contact link (upper right corner) on the First Unitarian homepage (www.firstunitarianportland.org). Click the Contact Information Update Form.