FIRST UNITARIAN PORTLAND
Church Office, 1034 S.W. 13th Avenue

PORTLAND, OREGON 97205
ESTABLISHED 1866

Living Our Liberal Faith
A Message from Rev. Bill Sinkford, Senior Minister

Visitors and newcomers often say how much meaning they find in our worship, our religious education program and our social justice work here at First Unitarian. Long time members say the same thing. One of the great strengths of this congregation is the breadth and quality of programming we can and do offer. This is a vital religious community with, always, a great deal going on.

Our faith knows that “revelation is not sealed,” that there is more truth, more wisdom and more peace for each of us to find on our personal journeys. We are always “works in progress.” We face new challenges every day and some old challenges that could benefit from new perspectives as well. Our individual needs vary greatly. The breadth of programming we offer tries to speak to that variety, to the individual challenges and desires that we bring with us to church.

That breadth is a blessing, but it can also be a challenge. “How can I make connections in this large community?” “Where can I meet others who share my concerns?” “How can I find what I need at this point in my life?”

This directory can help. Here you will find the various program areas of the church highlighted, with general descriptions of what we offer and contact information (phone, e-mail or web) for easy access to detailed information. Check the weekly e-news for upcoming events, visit one of the many tables in coffee hour, or just ask another member or one of the staff. I hope that one or more of these possibilities will speak to you. What I know, is that your experience and the value you find in this church will be deepened as you make connections.

Some people make connections best through service, either in the community or within the church. Check the wide range of Action Groups answering the call to justice; you’ll find existing groups starting on page 6 in this booklet. You may well find that the church is already working on issues that matter to you where your energy would be more than welcome. There are also many opportunities to serve within the church itself: teach in the Learning Community, become an usher, welcome Sunday visitors. Just click the “Get Involved” button on the church website homepage for more.

One thing I know is that religious meaning is revealed, most often, in relationship. There is an important role of individual reflection and spiritual practice to be sure. Prayer or meditation of some kind is an important part of religious life. But it is in living together that the Spirit of Life most often and most powerfully moves. Taking part in one of the many activities, groups or classes we offer can deepen not only your connection to the church, but your connection to yourself.

Blessings,

—Bill Sinkford

First Unitarian Portland Mission and Vision Statements:

◊ to create a welcoming community of diverse individuals;
◊ to promote love, reason, and freedom in religion;
◊ to foster lifelong spiritual growth;
◊ and to act for social justice.

“First Unitarian Church is a beacon of hope for us and for our community, a spiritual center in the heart of our city that helps each of us to find our moral compass, calling and challenging us to build the beloved community with an ever deepening sense of spirit, diversity, and inclusion.”
In Our Caring Community

There are many ways to find support in our congregation. It can happen through the connections made in groups throughout our community. It can happen through worship, sermons and in the rituals of our community. It can also happen through one-on-one pastoral support from one of our ministers or lay ministers.

The church ministers are available for pastoral support. It may be in the form of a phone call or a visit. If you would like to talk, give them a call or send an email requesting an appointment.

The church also has a team of dedicated members called lay ministers. They offer one-on-one caring and support to fellow church members in times of need. That could include a spiritual crisis, major life changes, (like loss of a loved one or employment), age or mobility isolation, health problems, etc. Lay ministers are chosen by a selection process and go through training for their role. They work in concert with the church ministers to support congregants in need. If you would like to be connected to a lay minister call the church office.

Every Sunday in the parish concerns part of our worship service we hold up the concerns of the community. These include deaths, births and illnesses. If you would like to have a concern included in the service, send a message to parishconcerns@firstunitarianportland.org. You are also invited to light a candle in one of the side galleries in the sanctuary or write down a prayer concern. Our lay ministers take the prayer concerns each week and hold them in their intentions and prayers throughout the week.

For questions about church membership or to schedule a meeting with Rev. Thomas Disrud contact Kerry, kheintze@firstunitarianportland.org or 503-228-6389, ext. 218.

A Message from Rev. Thomas Disrud, Associate Minister

First Connections Classes

These informal classes, led by one of our ministers, are usually offered each Sunday – check the Sunday bulletin or subscribe to Front Steps, our weekly E-newsletter for time and location. If you’re new to our faith, this is a good place to begin your journey. If you are a long-time Unitarian Universalist, this is a chance to get to know more about this particular congregation, its history and what it means to be a member. This is a chance to meet other newcomers and learn more about the spirituality and commitment of our community. Be sure to bring your questions! No registration is required, just drop in. Contact Kerry Heintze, kheintze@firstunitarianportland.org if you have any questions.

Become A Member

Membership is an important step in deepening your connection and commitment to this church. If you are ready to become a member, please pick up a Membership Enrollment Kit at the Newcomer table any Sunday during social hour and complete the enrollment forms and pledge card at home. Membership Kits and forms may also be printed from the church web site (http://www.firstunitarianportland.org/connection/become-a-member/). Gather in the Channing Room for the brief Enrollment Ceremony at 10:30 a.m., between services, (or at 11:15 a.m. during summer months). You’ll meet other new members, and have an opportunity to sign the Membership Book. Bring your completed forms at that time.

Lay Ministry

This group of trained church members offer one-to-one caring and support to fellow church members in times of need, including spiritual crisis, major life changes (i.e. loss of loved one or employment), age or mobility isolation, health problems, etc. New Lay Ministers are chosen (through an application process) every few years. If you need to arrange for lay ministry support, contact the church office, 503-228-6389.
The Alliance
Meets the first Wednesday monthly, Sep.–May, from 11:30am–1:30pm in Buchan Reception. This group traces its roots to the “Ladies Sewing Circle,” which was instrumental in the founding of First Unitarian Church in the 1860s. The Alliance serves the church community by promoting friendships and working towards common goals. Funds are raised—primarily for women and children—from within the church to support programs both in the church and in the community. Alliance programs educate and entertain, and are open to men and newcomers. Contact Membership Chair Marty Anderson, at 503-643-1177 or email her at martaffy@aol.com.

UU Men’s Community
An open group where men of all ages can share life experiences, learn from each other, develop friendships, support one another and have fun. Meets the third Saturday of the month at the church, 9–11am. The first half of the meeting is devoted to business and the second is for confidential, soulful sharing. Contact: Richard Turner at 503-734-5854. View the charter, calendar and other materials at http://uumensgroup.pbworks.com/w/page/6227056/FrontPage

Good Times Program
By coordinating a variety of smaller social activities, the Good Times program helps congregants to connect with others who share similar interests, and to develop a stronger sense of community. The welcoming, inclusive nature of these activities fosters good will and new friendships. Good Times activities can be energizing, engaging, thought provoking, or just plain fun, but ultimately they help integrate all of us into the larger congregation. Contact: Laura Gadley, humanlaura@aol.com or 847-525-8700.

Good Times Activity Ideas You Make Them Happen!
The heart of the committee’s work takes place during the many social events coordinated by church congregants who have good ideas and a yen to meet new people. Be an Event Coordinator yourself! Simply come to the Good Times table and complete a brief Event Proposal Form. We will publicize your activity in the Sunday Bulletin and elsewhere. We will also post your Activity Sign-up Sheet available at the Good Times table after each service. Prior to your event, you pick up the sheet so that you may call the participants with confirmation and details. Our current palate of activities includes: book discussions, Friday night social gatherings (TGIF), hiking, dining out “around the world,” art shows/museum visits, garden tours, theatre outings, and Circle Supper potluck gatherings. Please visit the Good Times Table in Fuller Hall for more information, or our page on the church website: >Connections >Affinity Groups >Good Times.

Poetry Writing Group
Meets the second and fourth Thursdays, 7–8:30pm. Bring your imagination, insights, humor, and wit. Bring your hidden child to be discovered, or your lost talent that wants to be realized. We are a small group of gentle people who gather to encourage each one’s poetic voice in an intimate setting. No poetry writing experience is necessary. Contact: Rodger Blackburn, 503-519-3494.

Partner Church Program
First Church has a partner Unitarian church in Budapest, Hungary. This partnership was established by congregational vote in May, 2004 with the intent to develop cross-cultural ties, exchange theological, philosophical and political ideas and to engender mutual support of Unitarians around the world. Over the past six years we have indeed developed some wonderful friendships with our Unitarian brethren there and learned much about their lives and our Unitarian heritage. Learn more about our partnership with Budapesti Unitárius Egyházközség (and some catchy Hungarian phrases), as well as potential travel opportunities. Contact: Camille Wright, wrighcc@gmail.com.

Women’s Circles
Making deep friendships and sharing life’s journey are precious parts of spiritual life. If you seek rewarding connections with other women at First Church, you might consider joining a Women’s Circle. Various circles meet twice monthly, either in the morning or evening. Each group is managed slightly differently and has a particular focus. All groups focus on rewarding personal connections. Some do this through discussions, others through personal support, spirituality, or personal dream analysis. All groups are member-led. Most groups open and close depending on their size. New groups form as there is interest. Group contracts are:

Group I: 1st/3rd Mondays at 7pm, Contact: Tess Beistel, 503-257-2042.
Group II: 2nd/4th Mondays at 7pm, Contact: Kim Streuli, 503-869-1486 or streulik@gmail.com.
Group IV: Twice a month on Wednesday evenings, Contact: Amy, 503-241-5451.

Thursday Evening Women’s Spirituality Circle: Second and fourth Thursdays, 7–8:30pm. This group is open to new members. Their focus is support, sharing, social and spiritual. Contact: Sylvia Hart Landsberg, shartlandsberg@gmail.com.
Younger Adult Caucus*
We meet monthly for Sunday brunches and short worship spiritual circles. Occasionally, we gather in fellowship for volunteer and other social gatherings. To sign-up for our Younger Adult Caucus e-newsletter please contact Kerry, kheintze@firstunitarianportland.org

**A note on ages: some UU spaces identify young adults as 18-35, and others as 20s and 30s++. We are less interested in how many years you’ve been on earth and more interested your experiences here. So, if you identify as being on the younger end of adults in THIS congregation, especially if that has meant that you’ve found it hard to find your place here, this community and events are for you!**

UU Book Group
We explore, discuss, and learn from literature while getting to know other Unitarian Universalists. Contact Susan, myrtleconn@earthlink.net.

Racial/Social Justice Book Group
We read and discuss books relating to racial justice. Spaces are very limited. Contact Pat, pewatne@hotmail.com.

Contemplative Practice Group
This group meets the second and fourth Tuesdays, 6:30–8pm, A301. The Contemplative Practice Group is a welcoming group that is open to all. The format includes a twenty minute meditation sit, a check in on a spiritual topic, a lectio divina (reading of a spiritual text, usually a poem from our Unitarian canon) and a discussion. We practice deep listening from the ear of the heart and are respectful of all spiritual views. Our intent is to offer a regular opportunity for silent meditation, meditation on texts, and deep discussion and sharing. Contact: Ron Walker, ronjw@me.com.

Meditation Group
This group now meets every Wednesday, 7–8:30pm. This group is open to all Buddhist meditation traditions and to beginners. The format includes a thirty-five minute meditation followed by a member led discussion to increase understanding and integration of Buddhist principles into our daily lives. Check the schedule posted in Buchan Bldg. for meeting location. Contact: Mary Ann Harman, maharman1@msn.com.

Aging Together Learning Group
We use books, movies, poems and various art forms to catalyze group dialog about our personal experience of aging. Meetings are held monthly on the first Monday from 1-3pm in Buchan Hall. For more information or to register, please contact Lucy Garrick at lucygarrick@icloud.com.

UU Movie Group
Meets on the fourth Sunday of the month over a potluck meal at members’ homes. For more information, contact Nancy Panitch, 503-318-0776, or Ellie Kirkham, 971-544-7003. More info at the Good Times table in Margaret Fuller Hall.

Other Service Groups

Bed and Breakfast Program
This program for UU travelers coordinates short-term home stay with local congregants. A modest financial contribution benefits the church. Visitors are hosted in a variety of accommodations throughout the metro area. Contact: Ruth Robinson at mickrob@comcast.net.

Caregiver Support Group
Meets the first and last Sundays in March and May from 10:45am–12:15pm. The group is a gathering of congregants and friends of First Unitarian who are caregivers, family members caring for a loved at home, in a facility, or at a distance. The group experience provides information, support and inspiration to meet the challenges and cope with the ambiguity, stress and change of caregiving. Through discussion and reflection we are able to identify how this work can be a part of our spiritual practice. The group is open to new members. Contact: Sophia, sophiadouglas02@gmail.com.

UUA Outreach Group
The UUA Outreach Group is our lay outreach to UU congregations, other denominations, and faith organizations, as well as with our own denominational organization, the Unitarian Universalist Association of Congregations (UUA). We’ll help keep fellow congregants up-to-date on opportunities to participate in shared experiences with the broader UU world and other faith communities. Look for our table at the Sunday coffee hour. Contact: Bill Pryor, bspryor@gmail.com or 503-894-9945.

UU Knitting Group
Meets monthly on the second and fourth Thursdays, 10am, B101. Contact: Susan Pryor, 503-319-8934.
MISSION: To coordinate and support the congregation’s efforts to advocate, educate, organize, serve and witness for social action; to establish First Unitarian Church as a beacon for social justice in our community.

Social Justice Council
This council, comprises representatives from our Social Justice Action Groups and a leadership team including the Social Justice Director. It oversees and implements the social justice mission of First Church. Contact: Sandy Hart (sandrar.hart@comcast.net) and Rev. Katherine Jesch (kathjesch@earthlink.net).

Africa Connections provides education and action options for First Unitarian members and families to connect with communities of the Imani Project and Quilts for Empowerment and the Zimbabwe Artist Project. Service, advocacy and fund-raising support education and subsistence and continue to address the global AIDS epidemic; including availability of HIV medications and support for AIDS orphans. Contact Ann Pickar, apickar@cs.com.

The Committee on Hunger and Homelessness (COHBO) strives to end homelessness and hunger through individual and collective acts of compassion. We support community partners through volunteering, recruiting volunteers, and collecting donated food, clothing and supplies from congregants at First Unitarian Church. We advocate with community leaders in Portland for positive change on issues and policies affecting homelessness and hunger and their root causes, and we ally ourselves with other faith communities involved in this work. Contact Ingrid Gjestvang, ngjestvang@gmail.com.

The Economic Justice Action Group promotes fair and just economic policies and practices for all citizens. Current issues include economic globalization, the balance of economic and corporate power, and preservation of our democratic process. Activities are both church and community-based and include: education and research, publication, direct action, and work for campaign finance reform. Contact Michael Wade at Wade.Michael@comcast.net.

Ending Mass Incarceration/Advancing Racial Justice Our mission is to contribute to local, state, and national efforts to dismantle the policies and practices, collectively known as “the New Jim Crow,” that have resulted in the mass incarceration of people of color, in fractured families, and in disenfranchised communities. To further our mission, we join hands with other groups at First Unitarian Church and with community organizations to learn and to teach others about New Jim Crow practices and about alternatives that are more humane, just, and equitable. Contact: Kathryn Scotten at Kathryn@withyscott.com.

Immigrant Justice Action Group (IJAG) In keeping with our seven principles and as social justice allies, our mission is to support and enhance the rights of refugees and immigrants in our community. We provide information; promote understanding and engagement of our fellow UU congregants to these ends. Contact: Ann Zawaski at annzawaski@gmail.com. 
**LGBTQ+ Pride** The mission of this group is to provide outreach to LGBTQ+ and questioning youth and adults, and to be a visible presence at coffee hour. Group members organize social activities—both within the congregation and in the greater community—to help LGBTQ+ members connect with one another. Contact Lonnie Martinez at nomoredrama0711@gmail.com.

**UU Animal Ministry** promotes understanding and awareness of animals as fellow sentient beings in line with the 7th UU Principle, and provides ministry, education, and support to interested members, and to the church community as a whole. Contact Keith at idings@comcast.net.

**Mental Health Action Group** The work done by the Mental Health Action Group is a response to the calling of the first principle of Unitarian Universalism: to affirm and promote “the inherent worth and dignity of every person.” We work to promote awareness and understanding of mental health issues across the lifespan within the church and community. Contact Rosemary Kirwin-Alvord at rbka1@frontier.com.

**UU Animal Ministry** promotes understanding and awareness of animals as fellow sentient beings in line with the 7th UU Principle, and provides ministry, education, and support to interested members, and to the church community as a whole. Contact Keith at idings@comcast.net.

**Peace Action Group** gathers monthly to create peace in the world. Members nurture and empower each other and ourselves as peace activists. Peace Action creates community that sustains hope in the unending work of peace-making and inspires, educates and mobilizes our community to work for peace. Contact Tess Beistel at tesslovesgreen7@gmail.com.

**Quilts of Love** meets monthly at the church with the purpose of making quilts for families served by Portland Homeless Family Solutions, as they transition from the shelter to a permanent home. Seeks people who enjoy quilting or sewing, but welcomes those who want to assist in another way such as ironing or cutting fabrics. Contact Kathleen Vinson at kathleenvinson@gmail.com.

**UUAs for Justice in the Middle East (UUJME)** works within the Unitarian Universalist community to promote peace and justice in Israel-Palestine, including a settlement of the conflict affirming the equality, dignity, freedom and security of all peoples involved. Contact Curt Bell at curt.c.bell@gmail.com.
Music and Arts Program

Vocal and Handbell Choirs

For Children
Sophia Singers
Children, grades K–2, Sundays, 10:30am. Contact Dustin Hunley.

MusicTree
Children, grades 3–6, Monday afternoon; time TBA.
Contact Dustin Hunley.

Warbington Chime Choir
Grades 3–5; Sundays, 10:30–11:15am. Contact Amanda DuPriest.

For Adults
UU Women’s Choir
A non-auditioned women’s choir. 7th-12th grade female youth are welcome. Wednesdays, 6–7:15pm.
Contact John Boelling

Unitarian Choir
Adults (by audition); Wednesdays, 7–9pm. Contact Dereau Farrar, dfarrar@firstunitarianportland.org

Chalice Choir
Adults; Mondays, 6–7:15pm.
Contact Dereau Farrar, dfarrar@firstunitarianportland.org

Chamber Choir
Adults (by audition) Mondays, 7:30–9:15pm.
Contact Dereau Farrar, dfarrar@firstunitarianportland.org

Chalice Bells
Adults; Tuesdays, 6–7:15pm in the Daisy Bingham Room.
Contact Amanda DuPriest.

Parker Bells
An auditioned adult bell choir. Mondays, 6:30–8 p.m.
Contact Amanda DuPriest.

Beacon Bells
Grades 6–8; Mondays, 5:30–6:30pm.
Contact Amanda DuPriest.

Marguerite Bells
Grades 9–12; Mondays, 8–9pm.
Contact Amanda DuPriest.

Beacon Bells
Grades 6–8; Mondays, 5:30–6:30pm.
Contact Amanda DuPriest.

Marguerite Bells
Grades 9–12; Mondays, 8–9pm.
Contact Amanda DuPriest.

Connect With Us
John Boelling
503-228-6389, ext. 202
jboelling@firstunitarianportland.org
Amanda DuPriest
amandadupriest@gmail.com
Dustin Hunley
dustinhunley@msn.com

Art Wall Committee
This group plans, coordinates and maintains the Art Wall gallery in Fuller Hall. Local artists are featured every month, and a portion of the art sold supports the church operating budget. If you would like to serve, contact: Connie Cleaton. ccleaton@ipns.com

MISSION: In fellowship, the Music and Arts Committee nurtures artistic excellence and spiritual growth, rooted within UU values, for all who wish to blossom through artistic expression. May all hands,
**Adult Programs** Opportunities for deepening our spiritual lives in a compassionate community.

**Classes and Retreats**
Programs for adults are offered on a Fall, Winter/Spring and Summer schedule. A catalog of classes and retreats, entitled Paths to Engagement, is published each season and is available on the church website as well as in printed form throughout the church.

To view and register for upcoming classes visit firstunitarianportland.org/registration or contact Kerry at kheintze@firstunitarianportland.org.

![Walking Meditation](image)

**The Church Libraries**
Check out our congregational libraries—the Channing Room Library and the Blue Sky Library. We have received so many wonderful donations that we opened a second location! The Blue Sky Library, located in A301, just above the Channing Room, includes children’s books, psychology, biographies, poetry, religion, and literature. The Channing Room emphasis is on Unitarian Universalism, World Religions, Spiritual Practice, and Social Justice. Check-out is an informal card system, based on trust. If you have questions or a donation please contact Rita, ritawfawcett@gmail.com.

![Labyrinth](image)

**Labyrinth**
This walking meditation experience is offered on the first Sunday of every month, from 10:30am–1pm (9:30am–12noon July and August) in the Buchan Reception Room. The Friends of the Labyrinth Committee members will greet you at the door to answer any questions. Everyone is welcome. Contact Nicole Kittersong at nkittesong@gmail.com.

**Beacon Book Store**
Located in Fuller Hall, the bookstore is a vibrant, welcoming respite for all congregants and visitors to First Church. It supports the spiritual mission and principles of our church with offerings to stimulate and broaden our thinking as we move along our spiritual path, and help us better understand Unitarian Universalism.

In addition to religion and spiritual topics you’ll find books on current politics, sustainable living, and social justice issues, books of contemporary poetry and literature, and a wide selection of titles for children. Books recommended for adult program classes can be purchased through the bookstore, and most any book can be special ordered. CD’s of Sunday sermons are always available. We support congregant authors and artists by carrying their books, notebooks, and CDs. Contact Donna Deacon, djdeacon@comcast.net and Julia Spence, Volunteer Coordinator, Julia.spence@neilkelly.com.

**First Share**
First Share fosters congregants supporting each other with their resources, skills and time by encouraging a culture of sharing. Our aim is for our church to become a more resilient community and resource in our city. To get involved, contact Paul Kidwell, pndmn@aol.com.

![First Share](image)
We call our programming for children and youth The Learning Community. It’s much more than Sunday morning. It’s about families getting to know each other at socials; youth doing social justice projects; overnights and potlucks and family retreats. Welcome!

Sunday Programs for children and youth are offered at 9:15–10:30am and 11:15am–12:30pm (Sept. 13, 2015 to June 5, 2016) and includes nursery and childcare for infants. Almost 100 volunteers staff this wonderful program, which enrolls close to 500 infants, children and youth.

Groups meet in the Buchan Center. Please enter via the brick walkway mid-block on SW 12th Ave.

If you are visiting for the first time, stop at the Information Desk at the entrance to the Eliot Center. Staff and volunteers are there to help you and answer first time questions. Please take time to check-in. It is expected that families will like to visit and try us out before making a commitment. We have more than one class for each age group, so classes are assigned. You’ll be given a Visitor Card to take to the classroom. Classes begin at 9:15 (11:15) and end at 10:30 (12:30). Keep in mind that it can be difficult for new children to feel comfortable if you arrive late. If you have an infant or toddler, or a child with special needs, we ask that you leave your cell phone number at the Information Desk and put your phone on “vibrate” while in the service.

Parents are always welcome to visit or even stay in the class for 6th grade and younger. Our youth require a bit more anonymity. Please take time to get to know the teachers or advisors by visiting after class. Pairs volunteer to work with your children every Sunday the Learning Community is offered. We value community and consistency above all else. You will see the same faces each time you join us!

Registration
Once you have visited for a few times and are comfortable with our programming, we ask that you register. Your family will then be included in regular emails about Learning Community programming and First Unitarian Church in general. Registration forms are available at the Information Desk.

Snacks
We ask that parents sign up to contribute to a healthy snack in their child’s class a few times during the school year. We have parents sign up in a variety of ways. Be sure to ask the teachers how they do it in their class. Snack is an important part of community building in the class. Be sure to include your child in the sharing!

Our Peace Policy
- Be kind and gentle in all things
- Respect others
- Everyone gets to play
- Walk and speak quietly inside

Positive behavior, interaction and participation are the basic principles of a healthy and safe learning environment. Negative behaviors detract from the learning environment we strive to create in the Learning Community. Negative behaviors include disruptive activities, refusing to positively participate in activities, disrespect of others in word and deed and rough housing.

The specifics: No violence in word or deed. No “put downs,” only “pull ups.” No weapons, real or imaginary. No horse play or rough housing. No exclusive behavior (you can’t play with us). No electronics (including cell phones and handheld video games) or toys.

Our Classes Are Cell Phone Free: The Learning Community at First Unitarian Church is a relational experience. Therefore, the use of cell phones, iPods, mp3 players, video games, and other electronic devices are not permitted in class. These items encourage isolation and solitary activity rather than relationship and interaction with others. Distractions (electronic or otherwise) will be collected and returned at the end of the session.
Feeling Connected
Every age group has at least two social events during the year. These are wonderful ways to meet other parents. There are also socials that celebrate ethnic holidays like Día de los Muertos and Chinese New Year. Families are invited to bring a dish to share and to join the festivities. We also offer a variety of social justice activities that are family oriented, for example, working with the Oregon Food Bank or SOLV. Go to www.firstunitarianportland.org for a calendar of upcoming events.

Questions? Contact Cassandra Scheffman, Director of Family Ministries, Ext. 232

Volunteering in Religious Education
Every year we place over 60 volunteer teachers with our children and youth. Most of these volunteers have no prior teaching experience. What they do have is an interest in learning from the curiosity, kindness, and wisdom of young people as well as a desire to contribute to the church community.

Our volunteer teachers are paired up as co-teachers so no one is alone, and the church budget provides curricula which includes lesson plans.

If you have attended services at First Unitarian Church for at least six months and are searching for ways to explore what Unitarian Universalism means to you, one of the most meaningful paths you can take is connecting with the children and youth of this congregation.

We light this chalice to remind ourselves to treat others kindly

- because they are our family,
- to take good care of the earth because it is our home,
- and to try to live lives full of goodness and love
- because that is how we will become the best people we can be.
Welcome to First Unitarian Portland

Learn more about Unitarian Universalism and this church by visiting the Newcomer Table. We invite you to explore our community and to participate in the many programs, classes and activities we offer. Membership is a process of discernment, and a growing awareness of a deepening commitment to the church. It requires a willingness to give of your time, talents and financial resources as you are able. Informative membership classes are offered regularly. During the regular church year, Sunday mornings include worship services and religious education classes (crib through senior high) at 9:15 and 11:15am. From July through Labor Day Weekend, worship is held at 10:15 a.m. only.

First Unitarian Church is a member of the Unitarian Universalist Association of Congregations (www.uua.org).

The principles of the Association affirm and promote:
- The inherent worth and dignity of every person;
- Justice, equality and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

THE FLAME WE KINDLE
In the days preceding World War II the Unitarian Universalist Service Committee (UUSC) set up rescue operations for victims of the Nazi threat in Europe. Rescuers identified themselves with the symbol of the flaming chalice. In our service today the chalice and flame represent service and the light of truth.

MINISTERS
Rev. Bill Sinkford, Senior Minister
Rev. Thomas Disrud, Associate Minister
Rev. Alan G. Deale, Minister Emeritus
Rev. Dr. Marilyn Sewell, Minister Emerita
Mark Slegers, Minister Emeritus of Music

BOARD OF TRUSTEES
Kathy Ludlow, Moderator
Alan Connors, 1st Vice Moderator
Evie Zaic, 2nd Vice Moderator
Leila Wrayhall, Treasurer
Theo Harper, Secretary
Mindy Clark
Cindy Cumfer
Ryan Deibert
Barbara Morrison
Andy Parker
Randy Russell
Matt Swafford

FIRST UNITARIAN PORTLAND STAFF
Membership and Adult Faith Formation
Rev. Thomas Disrud
Kerry Heintze, Membership and Adult Faith Formation
Program Assistant, Ext. 218

Learning Community
Cassandra Scheffman, Director of Family Ministries, Ext. 232
Nicole Bowmer, Assoc. Director of Family Ministries, Ext. 162
Aaron Peet, Family Ministries Program Assistant, Ext. 152

Social Justice Programs
Dana Buhl, Director of Social Justice, Ext. 442
Nikki Beeley, Social Justice Program Assistant, Ext. 132

Music and Arts Programs
Dereau Farrar, Minister of Music, Ext. 182
John Boelling, Assistant Director of Music, Ext. 202
Signe Lusk, Staff Pianist
Joseph O’Donnell, Staff Organist
Dustin Hunley, Dir. Children’s Choirs, dustinhunley@msn.com

Administrative Staff
Kathryn Estey, Church Administrator, Ext. 122
Zaida Cooper, Controller, Ext. 212
Erin Tafuri, Development Coordinator, Ext. 312
John Rosette, Front Office Receptionist, Ext. 102

Property and Facilities
Jason Chapman, Facilities Manager, Ext. 192

Rentals
Heather Sparks, Rentals Manager, Ext. 412