



# Order of Service

Sunday, May 26, 2019 ■ Services at 9:15 and 11:15 a.m.

## Our Mission

The mission of First Unitarian Portland is to create a welcoming community of diverse individuals; to promote love, reason, and freedom in religion; to foster lifelong spiritual growth; and to act for social justice.

## Our Vision

First Unitarian Portland is a beacon of hope for us and for our community, a spiritual center in the heart of our city that helps each of us to find our moral compass, calling and challenging us to build the beloved community with an ever-deepening sense of spirit, diversity, and inclusion.



In May, we share our plate offering with Portland Freedom Fund, who provides cash bail monies directly to people who are jailed, allowing them to navigate their legal cases from a position of freedom and with the presumption of innocence.

<b>Prelude</b>	"Hermes Dance" Liz Story	Signe Lusk, piano
<b>*Gathering Hymn #1000</b>	"Morning Has Come"	
<b>Chalice Lighting</b>		
<b>Welcome</b>		Rev. Thomas Disrud
<b>Introit</b>	"Always Something Sings" Dan Forrest	Unitarian Choir with Tim Lafayette
<b>Call to Worship</b>		Mira Mickiewicz, Intern Minister
<b>*Hymn</b>	"Why Should I Feel Discouraged?"	
<b>*Responsive Reading</b>	"A Gospel Chorus" Maury Elderidge	
<b>*Doxology #123</b>	"Spirit of Life"	
<b>Testimony</b>		Lexie Frensley
<b>Offertory</b>	"Intermezzo" Joseph Rheinberger	Joe O'Donnell, organ
<b>Pastoral Concerns and Prayer</b>		Rev. Disrud
<b>Silent Meditation</b>		
<b>Hymn #1008</b>	"When Our Heart is In a Holy Place"	
<b>Reading</b>	"Hallelujah is a Dangerous Word" Marcia McFee	
<b>Anthem</b>	"The Runner" Joshua Rist	
<b>Sermon</b>	"The Practice of Joy"	Mira Mickiewicz
<b>Prayer</b>		
<b>*Hymn #29</b>	"Joyful, Joyful, We Adore Thee"	
<b>Benediction</b>		
<b>Postlude</b>	"Gigue" François Couperin	

\*Congregation is invited to rise in body or in spirit.

## ■ TODAY AT FIRST UNITARIAN PORTLAND

**Imprisoning a Generation.** Unitarians for Justice in the Middle East will be showing this film, which follows the stories of four Palestinian children who've been detained and imprisoned under Israeli military and political systems. 1 p.m., Daisy Bingham.

**Protect Your First Amendment Free Speech Right to Boycott!** Come by the UU Justice in the Middle East table after each service to sign a petition in support of this constitutionally protected right.

## ■ LEARNING COMMUNITY

**Teacher Appreciation Celebration.** Join us in Daisy Bingham Sunday, June 2, after each service for strawberry shortcake to celebrate our teachers and youth advisors who have volunteered in the Learning Community this year. Teachers and their families are free and plates for everyone else are \$3/each. Gluten-free and vegan options available. Sponsored by the Religious Education Committee.

**Register for UU Chalice Summer Day Camp.** Join us for a week of community building, nature exploration, spiritual practice, and lots of fun, all grounded in UU values and principles. Options include leadership training for youth to be youth counselors or aides. Registration closes Monday, June 24, or when all spaces are filled. Check your email or pick up a flyer in Buchan to get registered.

**Sunday Afternoon Childcare.** We offer childcare for all ages each Sunday from 1–3 p.m. while you attend an event or meeting at church. Request care for your child(ren) at the Eliot Center Info Desk by 1 p.m. that day. Staff are released at 1 p.m. if care has not been requested by then.

## ■ ADULT FAITH FORMATION

**Registration:** [firstunitarianportland.org/registration](http://firstunitarianportland.org/registration)

**Pick Up a New Summer *Paths to Engagement* Publication!** Available at the Adult Faith Formation table in Fuller.

**Pie and Poetry.** Each poet brings a pie and other attendees are asked to bring a book of poetry for the church library. Thursday, June 13, 6:30–8:30 p.m.

**Mindful Movements for Everyone.** Combined with a blend of world music, each class has a theme will guide you through a simple intention for your practice. **Fee:** \$10 per class or six class series discounted at \$55.

**Details:** Thursdays, June 6, 20, July 11, 18, and Aug. 1, 15, 5:30–6:30 p.m. Advanced registration appreciated, but drop-ins are welcome. Pay online or cash/check at the door.

## ■ SOCIAL JUSTICE

**Green Buddhism and Conversation with Trees.** Member Stephanie Kaza will be reading from her newly published book and her previously published book on May 29, 7 p.m., Channing. Learn more at [www.stephaniekaza.com](http://www.stephaniekaza.com).

**White Supremacy in Oregon: History and Current Issues.** We'll delve into our state's history and current realities to build an understanding that will help us develop a better future. **Sliding Scale Fee:** \$40, \$55, or \$75. Registration required. **Details:** Tuesdays, July 9, 16, 23, and 30, 6:30–9 p.m. RSVP requested.

**Speaking of Justice's Sixth Issue on Youth Speak.** Find the link in the *Front Steps* e-News or subscribe here: [www.firstunitarianportland.org/justice/speakingofjustice/](http://www.firstunitarianportland.org/justice/speakingofjustice/).

## ■ OTHER NEWS

**Summer Services Begin June 9.** We'll shift to our summer worship service schedule on June 9, when we'll have one service beginning at 10:15 a.m. That Sunday will be Community Sunday, when we'll recognize graduating seniors from high school, name the UU of the Year, and celebrate Flower Communion. We will remain at one service through Labor Day weekend.

**Join us to Ordain Mira Mickiewicz!** This is a special event in the life of the church, since in Unitarian Universalism it is the members of the congregation who hold the power to ordain ministers. Sunday, June 16, 6:30 p.m., Eliot Chapel. Dessert reception to follow. RSVP requested for arrangements: [bit.ly/MiraOrdination](http://bit.ly/MiraOrdination).

**Your PC Expertise Is Needed!** Our Archives Committee is seeking a computer-savvy volunteer who can commit approximately 6 to 8 hours per month, ideally Wednesday or Thursday afternoons, managing the church's archival records and keeping the consolidated inventory secure. Call Ron Jamtgaard at 503-297-6240.

**May Art Wall.** Ikie Kressel combines black and white linoleum cut prints with collage to create works that tell stories.

**Beacon Bookstore.** We have new books to help us understand the transgender experience and terminology. Also, great cards for Father's Day and graduation. Copies of *Green Buddhism* available ahead of Stephanie Kaza's talk about her new book.

**Please Recycle Your *UU World* Magazines.** Drop off only recent issues at the Newcomer Table or the office.

**Give the Joy of Flowers for Sunday's Service.** For details about giving flowers for the chancel, contact Marsha at 503-954-3534 or [marshamwarner@comcast.net](mailto:marshamwarner@comcast.net).

**First Unitarian Neighborhood Connections.** Our rideshare program helps match riders with drivers and is organized by ZIP code. To learn more, contact Maina Ptolemy, 503-803-8992 or [mainaaptolemy@gmail.com](mailto:mainaaptolemy@gmail.com).

**Parish Concerns.** Have a joy or sorrow to be announced on Sunday and/or listed "In the Community" in our e-News? Send your info to [parishconcerns@firstunitarianportland.org](mailto:parishconcerns@firstunitarianportland.org).

### **Gathering Hymn #1000 "Morning Has Come"**

Morning has come, arise and greet the day!  
Dance with joy and sing a song of gladness!  
The light of hope here shines upon each face.  
May it bring faith to guide our journey home.

A new day dawns, once more the gift is given  
Wonder fills this moment shared together.  
The light of peace here shines upon each face.  
May it bring faith to guide our journey home.

Open our eyes to see that life abounds;  
Open hearts to welcome it among us.  
The light of love here shines upon each face.  
May it bring faith to guide our journey home.

### **Hymn "Why Should I Feel Discouraged?"**

Why should I feel discouraged,  
why should the shadows come,  
Why should my heart be lonely,  
and long for peace and home,  
When songs give place to sighing,  
When hope within in me flees;  
An eye is on the sparrow,  
and I know and eyes on me;  
An eye is on the sparrow,  
and I know an eyes on me.  
I sing because I'm happy,  
I sing because I'm free,  
For an eye is on the sparrow,  
and I know and eye's on me.

### **Responsive Reading "A Gospel Chorus" by Maury Elderidge**

The gospel speaks to hope rising up from suffering.

***In the music, we are not alone. Each of our struggles is joined.***

A congregation of voices shares

***a battle with cancer, the loss of a parent,  
the struggles of a child, the massacre of children.***

From the depths of pain we look toward joy, toward gratitude,

***toward what we find worthy of praise.***

In the church where my mother took me as a child,

***we sang Let My People Go.***

I love date singing.

For the Beauty of the Earth, my father took us hiking.  
I seemed to prefer his cathedrals, the mountains, where always  
I could see light shining through the cycles of our days.

***We sang as we climbed.***

I hear our imperative  
to go down and tell old Pharaoh,

***with all of our voices.***

For no matter how desperate our situation,

***how deep our debt,***

how grievous our loss,

***how hateful our transgressions,***

we can always find something praiseworthy,

***something to make us grateful,***

some glimmer of hope,

***some promise of joy.***

***That is the good news we sing.***

### **The Doxology #123 "Spirit of Life"**

Spirit of Life, come unto me.  
Sing in my heart all the stirrings of compassion.  
Blow in the wind, rise in the sea.  
Move in the hand, giving life the shape of justice.  
Roots hold me close; wings set me free;  
Spirit of Life, come to me, come to me.

### **Hymn #1008 "When Our Heart is In a Holy Place"**

When our heart is in a holy place, when our heart is in a holy place  
We are blessed with love and amazing grace, when our heart is in a holy place

When we trust the wisdom in each of us  
Every color every creed and kind,  
And we see our faces in each other's eyes,  
Then our heart is in a holy place.

When we tell our story from deep inside,  
And we listen with a loving mind,  
And we hear our voices in each other's words,  
Then our Heart is in a holy place.

When we share the silence of sacred space,  
And the God of our Heart stirs within,  
And we feel the power of each other's faith,  
Then our heart is in a holy place.

### **Hymn #29 "Joyful, Joyful, We Adore Thee"**

Joyful, joyful, we adore thee, God of glory, God of love;  
Hearts unfold like flowers before thee, hail thee as the sun above.  
Melt the clouds of sin and sadness; drive the pain of doubt away;  
Giver of immortal gladness, fill us with the joy of day.

All thy works with joy surround thee, earth and heav'n reflect thy rays,  
Stars and planets sing around thee, center of unbroken praise;  
Field and forest, vale and mountain, blossoming meadow, flashing sea,  
Chanting bird and flowing fountain call us to rejoice in thee.

Thou art giving and forgiving, ever blessing ever blest;  
Well spring of the joy of living, ocean depth of happy rest.  
Ever singing march we onward, victors in the midst of strife;  
Joyful music lifts us sunward in the triumph song of life.