



# Order of Service

Sunday, May 19, 2019 ■ Services at 9:15 and 11:15 a.m.

## Our Mission

The mission of First Unitarian Portland is to create a welcoming community of diverse individuals; to promote love, reason, and freedom in religion; to foster lifelong spiritual growth; and to act for social justice.

## Our Vision

First Unitarian Portland is a beacon of hope for us and for our community, a spiritual center in the heart of our city that helps each of us to find our moral compass, calling and challenging us to build the beloved community with an ever-deepening sense of spirit, diversity, and inclusion.

Flowers are placed by the Alliance in memory of members who've died this past year: Charles McCarthy and Katherine Diack.



Today, we share our plate offering with the Music and Worship Fund at First Unitarian Church.

<b>Voluntary</b>	<i>The Lamentations of Jeremiah, Part I - "Aleph"</i> Thomas Tallis	Chamber Choir
	L.O.S.T., No. I - "Denial" Jason Carl Rosenberg	
<b>*Gathering Hymn #340</b>	"Though Gathered Here to Celebrate"	
<b>Chalice Lighting</b>		
<b>Welcome</b>		Mira Mickiewicz, Intern Minister
<b>Voluntary</b>	<i>The Lamentations of Jeremiah, Part I - "Beth"</i> Thomas Tallis	
	L.O.S.T., No. II - "Anger" Jason Carl Rosenberg	
<b>Call to Worship</b>		DeReau Farrar, Director of Music
<b>*Hymn</b>	"Come, Ye Disconsolate"	
<b>*Responsive Reading #</b>	"When People Ask How I'm Doing" Rudy Francisco	
<b>*Doxology #123</b>	"Spirit of Life"	
<b>Offertory</b>	<i>The Lamentations of Jeremiah, Part II - "Ghimel"</i> Thomas Tallis	
	L.O.S.T., No. III - "Bargaining" Jason Carl Rosenberg	
<b>Pastoral Concerns and Prayer</b>		Mira Mickiewicz
<b>Silent Meditation</b>		
<b>Hymn #1006</b>	"In My Quiet Sorrow"	
<b>Reading</b>	"The Widow's Lament in Springtime" Zora Neale Hurston	
<b>Voluntary</b>	<i>The Lamentations of Jeremiah, Part II - "Daleth"</i> Thomas Tallis	
	L.O.S.T., No. IV - "Depression" Jason Carl Rosenberg	
<b>Homily</b>	"Liberation in Lamentation"	DeReau Farrar
<b>Prayer</b>		
<b>*Hymn #5</b>	"It Is Something to Have Wept"	
<b>Benediction</b>		
<b>Voluntary</b>	<i>The Lamentations of Jeremiah, Part II - "He"</i> Thomas Tallis	
	L.O.S.T., No. V - "Acceptance" Jason Carl Rosenberg	

\*Congregation is invited to rise in body or in spirit.

## ■ TODAY AT FIRST UNITARIAN PORTLAND

### FIRST CONNECTIONS

**New to or Current Member of First Unitarian?** Join us to meet others in our community and to learn more about the church. Today's topic will be on our Religious Education program. As Unitarian Universalists, we strive to be lifelong learners. Come and learn about our education programs for all ages. 1–2:30 p.m., Channing. **This is our last First Connections class of the season.**

### ■ ALSO TODAY

**Auction Last Call!** Today is the last day to bid on any of our amazing events, services, or items! Come down to Margaret Fuller Hall from 10 a.m.–1:30 p.m. and **BID TO WIN!**

**Learn about Wellspring at First Unitarian.** Learn more about ourselves and our faith through a year-long small group experience. Join us for an informational meeting after each service in Eliot Chapel.

**Immigrations Justice Action Group (IJAG).** Pat Rumer, Portland-based immigration justice activist, will talk about her new book *Choices: Death, Life and Migration*. 1:30–3 p.m. in the RE Workroom.

**Protect Your First Amendment Free Speech Right to Boycott!** Come by the UU Justice in the Middle East table after each service to sign a petition in support of this constitutionally protected right.

### ■ LEARNING COMMUNITY

**Register for UU Chalice Summer Day Camp.** Join us for a week of community building, nature exploration, spiritual practice, and lots of fun, all grounded in UU values and principles. Options include leadership training for youth to be youth counselors or aides. Registration closes Monday, June 24, or when all spaces are filled. Check your email or pick up a flyer in Buchan to get registered.

**Sunday Afternoon Childcare.** We offer childcare for all ages each Sunday from 1–3 p.m. while you attend an event or meeting at church. Request care for your child (ren) at the Eliot Center Info Desk by 1 p.m. that day. Staff are released at 1 p.m. if care has not been requested by then.

### ■ ADULT FAITH FORMATION

**Registration:** [firstunitarianportland.org/registration](http://firstunitarianportland.org/registration)

**Pick Up a New Summer *Paths to Engagement* Publication!** Available at the Adult Faith Formation table in Fuller.

**Grant Writing Experience?** We're seeking a volunteer to write a community grant that will further support LGBTQ+ outreach and programming. The deadline for grant submission is June 28. Interested?  
[kheintze@firstunitarianportland.org](mailto:kheintze@firstunitarianportland.org).

**Mindful Movements for Everyone.** Combined with a blend of world music, each class has a theme that'll guide you through a simple intention for your practice. **Fee:** \$10 per class or six class series discounted at \$55. **Details:** Thursdays, June 6, 20, July 11, 18, and Aug. 1, 15, 5:30–6:30 p.m. Advanced registration appreciated, but drop-ins are welcome. Pay online or cash/check at the door.

### ■ SOCIAL JUSTICE

**Imprisoning a Generation.** Unitarians for Justice in the Middle East will be showing this film, which follows the stories of four Palestinian children who've been detained and imprisoned under Israeli military and political systems. Sunday, May 26, 1 p.m., Daisy Bingham.

**Green Buddhism and Conversation with Trees.** Member Stephanie Kaza will be reading from her newly published book and her previously published book on May 29, 7 p.m., Channing. Sponsored by Community for Earth. Learn more at [www.stephaniekaza.com](http://www.stephaniekaza.com).

**White Supremacy in Oregon: History and Current Issues.** We'll delve into our state's history and current realities to build an understanding that'll help us develop a better future. **Sliding Scale Fee:** \$40, \$55, or \$75. Registration required. **Details:** Tuesdays, July 9, 16, 23, and 30, 6:30–9 p.m. RSVP requested.

**Speaking of Justice's Sixth Issue on Youth Speak.** Find the link in the Front Steps e-News or subscribe here: [www.firstunitarianportland.org/justice/speakingofjustice/](http://www.firstunitarianportland.org/justice/speakingofjustice/).

### ■ OTHER NEWS

**Join Us to Ordain Mira Mickiewicz!** This is a special event in the life of the church, since in Unitarian Universalism it is the members of the congregation who hold the power to ordain ministers. Sunday, June 16, 6:30 p.m., Eliot Chapel. Dessert reception to follow. RSVP requested for arrangements: [bit.ly/MiraOrdination](http://bit.ly/MiraOrdination).

**May Art Wall.** Ikie Kressel combines black and white linoleum cut prints with collage to create works that tell stories.

**Beacon Bookstore.** Unique Father's Day (June 16) and graduation cards now available in the bookstore. Choose a book to give for these special events.

**Please Recycle Your UU World Magazines.** Drop off only recent issues at the Newcomer Table or the office.

**Give the Joy of Flowers for Sunday's Service.** For details about giving flowers for the chancel, contact Marsha at 503-954-3534 or [marshamwarner@comcast.net](mailto:marshamwarner@comcast.net).

**First Unitarian Neighborhood Connections.** Our rideshare program helps match riders with drivers and is organized by ZIP code. To learn more, contact Maina Ptolemy, 503-803-8992 or [mainaaptolemy@gmail.com](mailto:mainaaptolemy@gmail.com).

### **Gathering Hymn #340 "Though Gathered Here to Celebrate"**

Though gathered here to celebrate, my spirit's burning low;  
Instead of serving, now I wait,  
The breath of worship's not too late, breathe, let the embers glow.

There have been losses on the way; a parent, partner, friend.  
At time I need to grieve and say,  
"I have enough to bear today, be near and help me mend."

The stillness trips the masks away, exposes lonely hearts;  
Self-pity must not have its way;  
I'll live my life from day to day, and now the healing starts.

### **Hymn "Come, Ye Disconsolate"**

Come, ye disconsolate, where'er ye languish;  
come to the mercy seat, fervently kneel.  
Here bring your wounded hearts, here tell your anguish;  
earth has no sorrows that love cannot heal.

Joy of the desolate, light of the straying,  
hope of the penitent, fadeless and pure!  
Here speaks the comforter, in mercy saying,  
"Earth has no sorrows that love cannot cure."

Here see the bread of life; see waters flowing  
forth from the throne of God, pure from above.  
Come to the feast prepared; come, ever knowing  
earth has no sorrows but love can remove.

### **Responsive Reading "When People Ask How I'm Doing"**

When people ask how I'm doing  
I want to say,

*my depression is an angry deity, a jealous god  
a thirsty shadow that wrings my joy like a dishrag  
and makes juice out of my smile*

I want to say,

*getting out of bed has become a magic trick.  
I am probably the worst magician I know.*

I want to say,

***this sadness is the only clean shirt I have left  
and my washing machine has been broken for months,***

but I'd rather not ruin someone's day with my tragic honesty  
so instead I treat my face like a pumpkin.

***I pretend it's Halloween  
I carve it into something acceptable.***

I laugh and I say,

***"I'm doing alright."***

### **The Doxology #123 "Spirit of Life"**

Spirit of Life, come unto me.  
Sing in my heart all the stirrings of compassion.  
Blow in the wind, rise in the sea.  
Move in the hand, giving life the shape of justice.  
Roots hold me close; wings set me free;  
Spirit of Life, come to me, come to me.

### **Hymn #1006 "In My Quiet Sorrow"**

I am worn, I am tired, in my quiet sorrow.  
Hopelessness will not let me be.  
Help me.

I won't speak of this ache inside, light eludes me.  
In the silence of my heart, I'm praying.

I keep on, day by day, trusting light will guide me.  
Will you be with me through this time, holding me?

You're my hope when I fear folding on, believing.  
Deep inside I pray I'm strong,  
Blessed be.

## **Hymn #5 "It Is Something to Have Wept"**

It is something to have wept as we have wept,  
and something to have done as we have done;  
it is something to have watched when all have slept,  
and seen the stars which never see the sun.

It is something to have smelt the mystic rose,  
although it break and leave the thorny rods;  
it is something to have hungered once  
as those must hunger who have ate the bread of gods:

To have known the things that from the weak are furred,  
the fearful ancient passions, strange and high;  
it is something to be wiser than the world,  
and something to be older than the sky.

Lo, and blessed are our ears for they have heard:  
yea, blessed are our eyes for they have seen:  
let the thunder break on human, beast, and bird,  
and lightning. It is something to have been.