

Seeing the Racial Water



First Unitarian Church, Portland, with special guest, Dr. Robin DiAngelo

Complete the registration form on the back of this pamphlet or register online at:

www.tinyurl.com/2018SFAD

Saturday, January 27, 2018

8:30 a.m. – 4:30 p.m.

First Unitarian Church, *Eliot Center*
1226 SW Salmon St., Portland, OR 97205

Are you yearning for greater depth in your spiritual life? Then please join us at First Unitarian Church in Portland, Oregon, on Saturday, January 27, for an opportunity to delve deeper with our keynote speaker, Dr. Robin DiAngelo, and many other Unitarian Universalist teachers.

Morning Session: Keynote Address

Seeing the Racial Water

Dr. Robin DiAngelo

What does it mean to be white in a society that proclaims race meaningless yet is deeply divided by race? Dr. DiAngelo will describe the way race shapes the lives of White people, explain what makes racism so hard for White people to see, and identify common White racial patterns that prevent us from moving towards greater racial equity.



Weaving information, analysis, stories, images, and familiar examples, she will provide the framework needed to develop white racial literacy. She'll offer a shared framework of understanding, enabling participants to differentiate between prejudice, discrimination, and systematic racism; understand the basic dynamics of current race relations in the U.S.; and examine the concept of whiteness and white racial socialization. Although the focus is on white racial identity development, people of color may also find the analysis valuable as it is one that is rarely affirmed or provided in mainstream society.

Schedule:

8:30 a.m.	Registration
9:15 a.m.	Morning Program / Keynote Address
11:30 a.m.	Break / Explore Resources
12 p.m.	Lunch
12:45 p.m.	Workshop Session A
2:15 p.m.	Break
2:30 p.m.	Workshop Session B
4 p.m.	Closing Gathering

Workshop Roster:

■ Session A, 12:45 - 2:15 p.m.

A-1:

Seeing the Racial Water ... Continuing the Conversation

—Dr. Robin DiAngelo

Building on the framework presented in the morning's keynote address, participants will explore further how to develop skills for bridging racial divides and identifying resources for supporting the work of racial justice. We'll learn to recognize common challenges, identify more constructive cross-racial practices, practice increasing our comfort in talking about race while recognizing this all as an on-going process.

A-2:

Lectio Divina: Going Deeper with Scripture

—Rev. Thomas Disrud

Lectio Divina is a practice from the Benedictine tradition that invites us to go deeper with our reading of scripture in order to more fully understand what it might mean in our lives. In this workshop we will both study the practice and its origins and also work with a passage from a sacred text and explore how it might be part of a spiritual practice.

A-3:

The Soul's Compass: Writing as Spiritual Practice

—Patty Clement

Writing can be a tool for going inward and coaxing the shy soul to show up. Poetry and prompts will be used to break through the surface of daily concerns and to inspire the process of putting words of authenticity on the page. Participants will leave with a process for writing about their daily spiritual life and fundamental questions to continue the conversation with their soul.

■ Session B, 2:30 - 4 p.m.

B-1:

From the Margins to the Center: The Struggle to Claim this Faith by People of Color

—Rev. Bill Sinkford

Explore the history of struggle for people of color in the Unitarian, Universalism, and UU denominations. How have UU values and work for social justice marginalized people of color? What does it mean to center the experiences of people of color and how must we change?

B-2:

The Paradoxical History of White Supremacy and Racial Justice at First Unitarian Church: What History Will We Create?

—Cindy Cumfer

Explore the history of the culture of white supremacy in First Unitarian Church and the history of the church's work on racial justice. Examine the paradoxical beliefs held by ministers and congregants, and the ways that these beliefs affected the church's community work. There will be opportunity to reflect on ways that white people's generally unaware beliefs that create a culture of white supremacy manifest in the church and how we might begin to replace this culture with one in line with our values. People of color who attend will be invited to choose whether to meet as a separate group or to join other groups.

B-3:

Anti-Racism and Spiritual Organizing

—Cameron Whitten

Deepen your understanding of privilege, power, and racism and deepen your ability to organize for social justice. This is an opportunity to focus on the intersection of racism and the Unitarian Universalist community, examining concrete examples of how Unitarian Universalism is affected by racism, and how we can respond to oppressive conditions with our whole selves.

B-4:

Sacred Movement: Tai Chi and QiGong

—Don Liedel, Banks Upshaw, Neal Roy

Come enjoy a quiet, meditative retreat from a day of activity. Our Body/Mind/Soul facilitators will offer forty-five minutes each of these two embodied spiritual practices for you to follow along or watch, as you wish. There will be time for reflection and sharing.

B-5:

The Soul's Compass: Writing as Spiritual Practice

—Patty Clement

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B-6:

Nourishing the Spirit: Spiritual Practice for the Long Haul

—Rev. Katherine Jesch

In a world of violence, injustice, and loss, the spirit struggles to stay hopeful. In this workshop we'll experience collective practices to strengthen the bonds among us. In community we reawaken the hope, imagination, and passion that sustains us as we work to build the world we see in our dreams.

B-7:

Singing for Justice

—Morris "Mo Mack" McClellan

Join voices with Mo Mack and others to sing songs of protest, struggle and hope. There might also be some story-telling involved.

Meet Our Keynote Speaker and Facilitators

- **Dr. Robin DiAngelo**, Keynote Speaker, is a former Associate Professor of Education and two-time winner of the Student's Choice Award for Educator of the Year from the University of Washington. Her scholarship is in White Racial Identity and Race Relations. In addition to her academic work, Dr. DiAngelo has extensive experience as a workplace consultant in issues of race relations and racial justice. She was appointed to co-design the City of Seattle's Race & Social Justice Initiative Training. She has numerous publications and books, including, *What Does it Mean to be White? - Developing White Racial Literacy*. Her work on White Fragility has influenced the national dialogue on race and been featured in Alternet, Salon, NPR, PBS, The New York Times, The Atlantic, Slate and Colorlines. [A-1]
- **Don Liedel, Neal Roy and Banks Upshaw**. This spring, Banks and Neal will teach a T'ai Chi Chih class, and Don will teach QiGong here at First Unitarian. All are long-time facilitators of Adult Programs for Spiritual Deepening. [B-4]
- **Patty Clement** is an author, writing teacher, and a Spiritual Director. Patty will teach a writing class in the Winter/Spring term at First Unitarian. [A-3] [B-5]
- **Cindy Cumfer** has a PhD in History and is the author of First Unitarian Church's history, *Toward the Beloved Community: The First Unitarian Church of Portland, Oregon, 1865-2015*. In the early 1980s, she offered the first workshops in Portland that invited white people to explore how we internalize racism. [B-2]
- **Rev. Thomas Disrud** is Associate Minister at First Unitarian Church. [A-2]
- **Rev. Katherine Jesch** is a community minister affiliated with First Unitarian Church, primarily focusing on environmental and social justice advocacy at First Church and in the larger community. She serves on the leadership team of the Social Justice Council and also coordinates the environmental justice campaign for Oregon Unitarian Universalist Voices for Justice, our statewide action network. [B-6]

- **Morris "Mo Mack" McClellan** is a singer, songwriter and performer of his own and other songs. He has been making music of many styles since the age of 14. [B-7]
- **Rev. Bill Sinkford** is Senior Minister at First Unitarian Church. [B-1]
- **Cameron Whitten** is a civic entrepreneur, storyteller, a community activist in Portland, Oregon. He has almost a decade of leadership with nonprofit, civic, and political causes, such as Occupy Portland, Know Your City, and Portland's Resistance. He currently works as an Advocate with the East Portland Action Plan. [B-3]



FIRST UNITARIAN CHURCH, PORTLAND

Eliot Center: 1226 SW Salmon Street

Sanctuary: 1211 SW Main Street

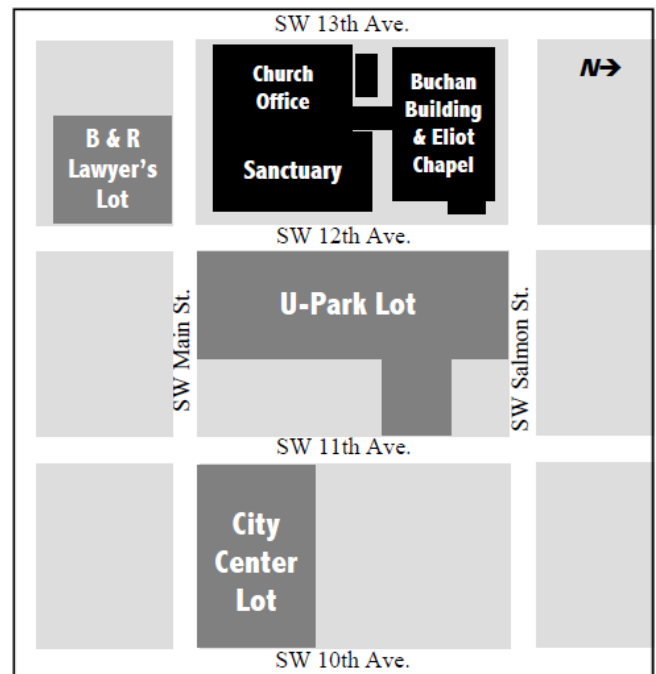
Church Office: 1034 SW 13th Avenue, Portland, Oregon 97205

Telephone: 503-228-6389

Fax: 503-228-2676

Office hours are 9 a.m.–4 p.m., Monday through Thursday.

Visit us at: www.firstunitarianportland.org



Neighborhood Pay Parking Lot Information:

- **U-Park** — SW 12th between Main and Salmon
- **City Center** — SW 11th and Main
- On-street parking with meters
- Other parking lots within easy walk of church campus.



REGISTRATION

Your registration is not complete until you have made your payment.

Morning Session / Keynote Address ONLY: \$20 / person
All day (includes lunch): \$65 / person

First Name _____

Last Name _____

Mailing Address:

Street _____

City _____

State _____ Zip _____

Best phone to reach you _____

Email _____

Morning Session / Keynote ONLY

I want to register for the opening keynote address only.
(Skip to payment section or childcare request section.)

Lunch sandwich choice:

Vegan Ham Turkey

I need gluten-free bread Other: _____
(Lunch is included in the registration price. Sorry, no discounts for skipping lunch.)

Session A, 12:45–2:15 p.m.

Pick **two** classes from Session A and indicate your 1st and 2nd choice in the space provided*:

___ A-1:

Seeing the Racial Water ... Continuing the Conversation

Dr. Robin DiAngelo

___ A-2:

Lectio Divina: Going Deeper with Scripture

Rev. Thomas Disrud

___ A-3:

The Soul's Compass: Writing as Spiritual Practice

Patty Clement

Session B, 2:30–4 p.m.

Pick **two** classes from Session B and indicate your 1st and 2nd choice in the space provided*:

___ B-1:

From the Margins to the Center: The Struggle to Claim this Faith by People of Color

Rev. Bill Sinkford

___ B-2:

The Paradoxical History of White Supremacy and Racial Justice at First Unitarian Church: What History Will We Create?

Cindy Cumfer

___ B-3:

Anti-Racism and Spiritual Organizing

Cameron Whitten

___ B-4:

Sacred Movement: Tai Chi and QiGong

Don Liedel, Banks Upshaw, Neal Roy

___ B-5:

The Soul's Compass: Writing as Spiritual Practice

Patty Clement

___ B-6:

Nurturing the Spirit: Spiritual Practice for the Long Haul

Rev. Katherine Jesch

___ B-7:

Singing for Justice

Morris "Mo Mack" McClellan

***If your choice of class is over-subscribed, you may be placed in a class which has a larger seating capacity.**

Do you need childcare?

(Deadline to request childcare is Jan. 17.)

Yes, I need childcare.

Please tell us the name(s) and age(s) of the child/children and anything else we should know about them:

PAYMENT

I'm enclosing a check for \$_____.

I've included an additional \$_____ toward the scholarship fund so that this event is open to all.

(Make check payable to First Unitarian Church. Please write "SFAD" in memo line.)

Visa or MasterCard

Card Number _____

Expiration Date _____ Signature _____

I'm requesting scholarship assistance.

I can pay \$_____ (\$10 minimum appreciated).

Important: Registration closes at 12 noon on Wednesday, Jan. 24. Mail or bring to: First Unitarian Church Office, 1034 SW 13th Ave., Portland, OR 97205 or leave at the Newcomers/Welcome Table in Fuller Hall on Sundays.

Register and Pay Online!

www.tinyurl.com/2018SFAD